

Body-Solid®

Built for Life



2026

COMMERCIAL BUYER'S GUIDE

www.BodySolid.com

Body-Solid®

Built for Life

It started with an idea...

Throughout the pages of this catalog you'll find the culmination of over 35 years of Body-Solid's dedication, innovation and product development.

Body-Solid products are developed and designed with multiple markets in mind, from personal training studios, police and fire departments, municipalities, schools, military bases, health clubs, and businesses. The needs of these markets are constantly changing, but through strong relationships with our customers, Body-Solid has been able to evolve and grow to meet the demands of the ever-changing fitness industry.

As a result, Body-Solid boasts the widest array of commercial products in fitness including multi-station gyms, free weight machines, treadmills, bikes, ellipticals, weight plates, kettlebells, dumbbells, flooring, accessories and more.

In keeping with our motto—Built for Life—Body-Solid builds products that are not only cutting-edge but reliable, durable and provide a tremendous value to consumers. Body-Solid backs each and every one of those products with the best warranty and customer service in the industry.

Body-Solid products are Built for Life... Your Life.

Body

Pro ClubLine

4

Series II	4
Pro•Dual	9
Pro ClubLine Classic	12
Pro ClubLine Gym Systems	14
Pro ClubLine Leverage	17
Pro ClubLine Racks & Cages	20
Pro ClubLine Strength	33

Body-Solid

35

Body-Solid Pro Select	35
Body-Solid Racks & Cages	37
Body-Solid Strength	44
Body-Solid Functional	55
Body-Solid Gym Systems	57

Body-Solid TOOLS

62

Group Training	62
Yoga	67
Cable Attachments	70
Accessories	73
Flooring	74

Weights & Bars

75

Olympic Weights & Sets	75
Dumbbells	77
Kettlebells	79
Olympic Bars & Collars	80
Barbell Accessories	86
Standard Bars & Collars	88

Storage

90

Dumbbells Racks	90
Weight Plate Storage	98
Accessory Storage	101

Endurance

106

Climber, Rower, Fan Bike	106
Treadmills, Elliptical	107
Bikes	108

Index

109

Index	109
Warranty Information	114

PRO CLUBLINE SERIES II

Comprised of 13 single and dual function stations, Body-Solid's Pro ClubLine Series II offers a complete circuit, providing facilities with strength stations specifically targeting muscle groups throughout the entire body. Each Pro ClubLine Series II station is designed to be biomechanically correct with multiple adjustments providing quality movements for users of all shapes and sizes.



S2CCX CABLE COLUMN

- 36 starting positions
- Includes: nylon cable handle, ankle strap and straight bar
- Standard weight stack 160 lbs. with optional 210 lb. or 310 lb. available
- 53"L x 58"W x 99"H , 468 lbs.



S2FTX FUNCTIONAL TRAINER

- 34 starting positions
- Includes 43" revolving straight bar, 20" straight bar, ankle strap, 2 nylon cable handles, and 14" athletic bar
- Standard weight stacks 160 lbs. with optional 210 lb. or 310 lb. available
- 54"L x 79"W x 99"H, 829 lbs.



S2LATX **LAT PULLDOWN &** **SEATED ROW**

- 5 position adjustment on leg hold down
- Longer seat pad to accommodate all size users on mid row station
- Foot Brace for mid rows
- Includes lat bar and row bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 88"L x 34"W x 87"H, 405 lbs.



S2BTPX **BICEPS & TRICEPS**

- Includes Tricep Rope and revolving straight bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 52"L x 43"W x 84"H, 400 lbs.



S2LECX **LEG EXTENSION** **& LEG CURL**

- Variable resistance cam ensures consistent weight
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 54"L x 52" W x 57"H, 467 lbs.



S2LPCX **LEG & CALF PRESS**

- Double beam design with Pillow Block bearings on pivot points for precision alignment and friction free movement
- Standard weight stack 210 lbs. (1:2 ratio) with optional 310. lbs available
- 83"L x 47"W x 69"H, 481 lbs.



S2IOTX **INNER & OUTER THIGH**

- Seven position cam adjustments to accommodate varying body sizes
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 77"L x 37"W x 57" H, 385 lbs.



S2ACDX **ASSISTED CHIN & DIP**

- Five different grips for variety of pull-up and chin-up movements
- 235 lb. weight stack
- 63"L x 44"W x 88"H, 606 lbs.



S2MPX **MULTI-PRESS**

- Features flat press, incline press, and shoulder press positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 72"L x 54"W x 57"H, 463 lbs.



S2CPX **CHEST PRESS**

- Comfortable multi-position hand grips isolate chest and triceps muscles
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 44"L x 55 "W x 69"H, 450 lbs.



S2ABBX **AB & BACK**

- Six position cam for full range of-motion
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 59"L x 49"W x 57"H, 351 lbs.



S2ACX
ARM CURL

- Multi-grip revolving handle bar
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 41"L x 51"W x 57"H, 380 lbs.



S2PECX
PEC FLY & REAR DELT

- Five adjustable starting positions for each arm and seat
- Standard weight stack 160 lbs. with optional 235 lbs. available
- 58"L x 59"W x 72"H, 422 lbs.

Additional Options for Series II

#HP10



Red Premium Selectorized Weight Plates

#WSP10



Premium Selectorized Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.

PRO CLUBLINE PRO•DUAL

Developed specifically to address the needs of facilities with limited space options such as hotels, fire stations, office buildings and residential complexes. Ideal for smaller workout environments, the Pro•Dual line includes 10 function-specific dual machines.



DABB-SF **AB & BACK**

- Adjustable seat and leg hold downs
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 48"L x 48"W x 62"H, 476 lbs.



DBTC-SF **BICEPS & TRICEPS**

- 14 combined adjustments between the bicep and triceps exercises
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 53"L x 40"W x 62"H, 503 lbs.



DCLP-SF **LEG & CALF PRESS**

- Operates on a 1:2 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 37"L x 82"W x 77"H, 549 lbs.

* Floor Mat not included



DIOT-SF **INNER & OUTER THIGH**

- Pop-pin leg adjustments provide users a greater range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 36"W x 62"H, 475 lbs.



DLAT-SF **LAT PULLDOWN & MID ROW**

- No-cable-change design allows user to switch between exercises quickly
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 77"L x 47"W x 83"H, 529 lbs.



DLEC-SF **LEG EXTENSION & CURL**

- Seven adjustments for both leg curls and extensions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 46"L x 66"W x 62"H, 506 lbs.



DPCC-SF **CABLE COLUMN**

- 18 pulley adjustments
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 43"L x 34"W x 83"H, 443 lbs.

* Floor Mat not included



DPEC-SF
PEC & REAR DELT

- Independent arms with 5 adjustable starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 38"W x 69"H, 502 lbs.



DPLS-SF
VERTICAL PRESS & LAT

- Adjustable press arm for full range of motion
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 67"L x 47"W x 83"H, 543 lbs.



DPRS-SF
MULTI-PRESS

- Five press arm starting positions from flat press to shoulder press
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 56"L x 85"W x 62"H, 558 lbs.

Additional Options for Pro Clubline Pro Dual

#HP10



Red Premium Selectorized
Weight Plates

#WSP10



Premium Selectorized
Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.

PRO CLUBLINE CLASSIC

The Body-Solid Pro ClubLine Classic product line is built to address the specific needs of facilities that require durable machines at affordable prices. Straight-forward, traditional designs and easy adjustments provide a safe and familiar workout environment for users of all experience levels.



SCC1200B CABLE CROSSOVER

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- Shown with optional lat/chin attachment (GCA2)
- 35"L x 158"W x 91"H, 671 lbs.



SDC2000G DUAL CABLE COLUMN

- Standard weight stacks 160 lbs. with optional 235 lbs. available
- 44"L x 46"W x 82.5"H, 674 lbs.



SLM300G LAT MID ROW

- Includes revolving steel 48" lat bar and steel triangle row bar
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 64"L x 46"W x 83"H, 444 lbs.



SLC400G
LEG CURL

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 39"L x 66"W x 62"H, 438 lbs.



SLE200G
LEG EXTENSION

- Variable cam provides consistent resistance throughout movement
- Standard weight stacks 210 lbs. with optional 310 lbs. available
- 40"L x 48"W x 72"H, 436 lbs.

Additional Options for Pro Clubline Classic

#HP10



Red Premium Selectorized
Weight Plates

#WSP10



Premium Selectorized
Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.

PRO CLUBLINE GYM SYSTEMS

Pro Clubline gyms are designed for heavy use facilities. These multi-stack gyms feature intuitive stations for the most popular strength training movements.



S1000

PRO CLUBLINE S1000 FOUR-STACK GYM

- Four independent stations allow up to four people to workout simultaneously: chest press and leg developer, lat and mid row, leg press and calf raise, cable column
- 210 lb. weight stacks standard (upgradable to 310 lb. weight stacks)
- 11-gauge steel mainframe
- Fully-shrouded weight stacks
- Body-Solid Pro Clubline Full-Commercial Warranty
- Dimensions: 124" L x 135" W x 83"H, 1728 lbs.

Additional Options for the S1000

#HP10



Red Premium Selectorized
Weight Plates

#WSP10



Premium Selectorized
Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.



SJG100

4 Stack Gym

- Available w 210 lb. or 310 lb. weight stacks
- Adjustable Cable Column
- Seated Mid Row
- Seated Lat Pulldown
- High Pulley Station
- Dimensions: 62" L x 137" W x 89" H,
- Weight: 1329 lbs. (210 lb. stack) / 1729 lbs. (310 lb. stack)



SJK500
5 STACK GYM

- Available w 210 lb. or 310 lb. weight stacks
- Adjustable Cable Column x 2
- Seated Mid Row
- Seated Lat Pulldown
- High Pulley Station
- Pullup Station on Connector Beam
- Dimensions: 137" L x 181" W x 89" H
- Weight: 1750 lbs. (210 lb. stack) / 2250 lbs. (310 lb. stack)



SJK800
8 STACK GYM

- Available w 210 lb. or 310 lb. weight stacks
- Adjustable Cable Column x 2
- Seated Mid Row x 2
- Seated Lat Pulldown x 2
- High Pulley Station x 2
- Pullup Station on Connector Beam
- Dimensions: 137" L x 201" W x 89" H
- Weight: 2702 lbs. (210 lb. stack) / 3502 lbs. (310 lb. stack)

Additional Options for the SJK

#HP10



Red Premium Selectorized Weight Plates

#WSP10



Premium Selectorized Weight Plates

#WSA



Weight Stack Adapters 2.5 lb. & 5 lb.

PRO CLUBLINE LEVERAGE

Body-Solid's Pro ClubLine Leverage series is built for users that want the feeling of freeweight workouts in a safe, controlled environment. Designed to mimic popular weight lifting movements, Body-Solid's Pro ClubLine Leverage equipment is ideal for group training facilities, athletic training facilities and more.



LVLA

LEVERAGE LAT PULLDOWN

- 360° articulating hand grips for free-floating downward pulling motion
- 76"L x 49"W x 84"H, 183 lbs.



LVLC

LEVERAGE LEG CURL

- V-bench design provides total hamstring isolation
- 74"L x 46"W x 26"H, 165 lbs.



LVLE

LEVERAGE LEG EXTENSION

- Adjustable foot roller to accommodate various leg lengths and start positions
- 68"L x 47"W x 40"H, 157 lbs.

**LVSR****LEVERAGE SEATED ROW**

- 360° articulating hand grips provide definition and natural range of motion
- 65"L x 35"W x 44"H, 158 lbs.

**LVSP****LEVERAGE SHOULDER PRESS**

- Independent, unilateral arm action for balanced upper body development
- 49"L x 53"W x 52"H, 171 lbs.

**LVBP****LEVERAGE BENCH PRESS**

- Converging press arm movement provides advanced biomechanics
- 69"L x 53"W x 30"H, 169 lbs.



LVIP **LEVERAGE INCLINE BENCH**

- Independent, unilateral arm action for balanced muscle and upper body development
- 71"L x 53"W x 41"H, 167 lbs.



SLS500B **LEVERAGE SQUAT**

- Biomechanically-correct squat platform targets glutes and quads
- 74"L x 61"W x 67"H, 397 lbs.

** Weights not included*



SGLP500 **COMMERCIAL LEG PRESS**

- Linear bearings for smooth fluid movements
- 1500 lb. Weight Capacity
- Oversized foot plate
- 89"L x 68"W x 54"H, 556 lbs.

PRO CLUBLINE RACKS & CAGES

Body-Solid Pro ClubLine Racks & Cages are built for facilities with strong freeweight training clientele. Body-Solid Pro ClubLine Racks, Cages and Benches are built tough using the finest materials to assure years of maintenance-free usage from powerlifters and iron warriors.



SCB1000B **COUNTER-BALANCED** **SMITH MACHINE**

- 10 lb. counterbalanced bar
- Integrated plate storage
- 50"L x 86"W x 84"H, 543 lbs.



SDIB370 **BENCH RACK COMBO**

- 14 position ¼" solid steel gunracks
- Integrated plate storage
- 78"L x 65"W x 74"H, 215 lbs.



SODB250 **DECLINE BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs capacity
- Adjustable leg hold positions
- Backpad Width: 11.5"
- 58"L x 50"W x 55"H, 148 lbs.



SOFB250 **FLAT BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs capacity
- Spotter Stand included
- Backpad Width: 11.5"
- 72"L x 50"W x 57"H, 152 lbs.



SOIB250 **INCLINE BENCH**

- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs capacity
- Backpad Width: 11.5"
- 74"L x 50"W x 63"H, 174 lbs.



SOSB250 **SHOULDER PRESS BENCH**

- Spotter Stand included
- 2"x3" heavy-duty 11-gauge steel mainframe, 1000 lbs capacity
- 50"L x 50"W x 72"H, 271 lbs.



SPR1000 POWER RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPRSS
- 81"L x 53"W x 90"H, 350 lbs.



SPR1000BACK EXTENDED POWER RACK

- Rear Extension includes 6 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSF Safety Spotter Bars
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- Available with Strap Safeties, SPR1000SSBACK
- 93"L x 81"W x 90"H, 494 lbs.



SPR1000DBBACK DOUBLE EXTENDED POWER RACK

- Includes 2 x SPR1000BACK Extended Power Racks
- Includes SPRMB Monkey Bar Connector
- Available as SPR1000DB, Double Rack no Rear Extensions
- Packages Available with Strap Safeties, SPR1000SSDB, SPR1000SSDBBACK
- 93"L x 225"W x 94"H, 1066 lbs.

SPR1000 OPTIONAL ATTACHMENTS

View the next pages for all SPR1000 Attachments



SPR1000



SPRFTS

- **FUNCTIONAL TRAINER ATTACHMENT**
- Dual 210 lb. weight stacks (upgradable to 310 lb. weight stacks)
- 2:1, 50% weight ratio
- Quad-roller carriage design
- Includes front functional pulleys, dual lat pulldown pulleys, and dual low pulleys for a wide range of isolateral cable exercises
- 91"L x 58"W x 92"H, 471 lbs.

Additional Options for SPRFTS

#HP10



Red Premium Selectorized
Weight Plates

#WSP10



Premium Selectorized
Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.

SPR1000 OPTIONAL ATTACHMENTS *(page 1 of 3)*



1.
GPRDH
Dip Handles



6.
SPRBSA
Belt Squat Attachment
SPRBSB
Belt Squat Belt



2.
GPRTBR
T-Bar Row



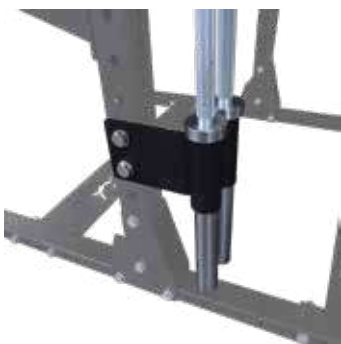
7.
SPRBT
Ball Target



3.
SPRACB
Connector Bar



8.
SPRCB
Fat-Grip Chin Bar



4.
SPRBHV
Dual Vertical Bar Holder



9.
SPRCUA
Multi-Grip Chin Bar



5.
SPRBP
Band Pegs



10.
SPRDCB
Dual Chin Bar

SPR1000 OPTIONAL ATTACHMENTS *(page 2 of 3)*



11.

SPRDIP
Dip Handles



16.

SPRLFT
Monolift



12.

SPRHBH
Heavy Bag
Hangar



17.

SPRMB
Connecting
Money Bars



13.

SPRHT
Hip Thrust



18.

SPRMGC
Multi-Grip
Pull Up



14.

SPRJAM
Jammer Arms



19.

SPRBACK
Rear Extension



15.

SPRJC
J-Cups



20.

SPRSA
Spotter Arms

SPR1000 OPTIONAL ATTACHMENTS (page 3 of 3)



21.

SPRSF
Safeties



26.

SPRTB
Dual T-Bar Row



22.

SPRSP
Spotter Platforms



26.

SPRUL
U-Link



23.

SPRSS
Safety Straps



27.

SPRWPH
Weight Plate Horn



24.

SPRST
Storage Tray



28.

SPRLHD
LEG HOLD
DOWN



25.

SPRSTEP
Plyo Step
Attachment



29.

SPR-SBH
Stability Ball
Holder



SPR500 HALF RACK

- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50"L x 53"W x 89"H, 208 lbs.



SPR500BACK EXTENDED HALF RACK

- Rear Extension includes 4 x SPRWPH weight plate horns
- Includes 2 x SPRJC J-cup lift offs
- Includes 2 x SPRSA Safety Spotter Arms
- Integrated Chin Bar
- 1" Hole Spacing for Spotters
- 50"L x 81"W x 89"H, 339 lbs.



SPR500DBL DOUBLE HALF RACK

- Two functional Half Rack in the space of a single Power Rack
- Laser-cut numbers
- 3"x3" 11-gauge steel mainframe
- Includes four j-cup liftoffs, four safety spotter arms, two chinning bars, six weight horns
- 101"L x 85"W x 89"H, 583 lbs.



SPR250 SQUAT STAND

- Includes 2 x SPRJC J-cup lift offs
- Optional SPRSA Safety Spotter Arms
- 1" Hole Spacing for Spotters
- Upright width can be customized to fit 5', 6' or 7' Olympic Bars
- 51"L x 59"W x 73"H, 141 lbs.

SPR500 OPTIONAL ATTACHMENTS

View the next pages for all SPR500 Attachments



SPR500

SPR500 OPTIONAL ATTACHMENTS *(page 1 of 3)*



1.

GPRDH
Dip Handles



6.

SPRBP
Band Pegs



2.

GPRTBR
T-Bar Row



7.

SPRBSA
Belt Squat
Attachment
SPRBSB
Belt Squat Belt



3.

SPRACB
Connector Bar



8.

SPRBT
Ball Target



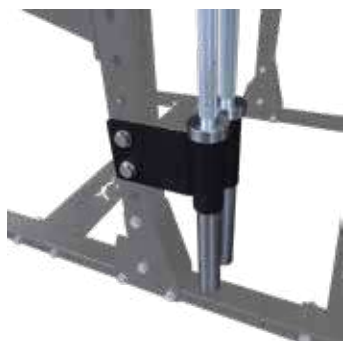
4.

SPRBCB
Bench
Clearance Bar



9.

SPRCB
Fat-Grip
Chin Bar



5.

SPRBHV
Dual Vertical
Bar Holder



10.

SPRDBLKIT

SPR500 OPTIONAL ATTACHMENTS (page 2 of 3)



11.

SPRDCB
Dual Chin Bar



16.

SPRJC
J-Cups



12.

SPRDIP
Dip Handles



17.

SPRLFT
Monolift



13.

SPRHAFBACK
Rear Extension



18.

SPRSA
Spotter Arms



14.

SPRHLA
Lat Attachment
*(Optional weight stack,
SP200)*



19.

SPRSP
Spotter Platform



15.

SPRHT
Hip Thrust



20.

SPRST
Storage Tray

SPR500 OPTIONAL ATTACHMENTS *(page 3 of 3)*



21.

SPRSTEP
Plyo Step
Attachment



24.

SPRWPH
Weight Plate Horn



22.

SPRTB
Dual T-Bar Row



25.

SPRLHD
LEG HOLD
DOWN



22.

SPRUL
U-Link



26.

SPR-SBH
Stability Ball
Holder

SPR500BACK OPTIONAL ATTACHMENTS

These 3 Attachments only fit the SPR500BACK

1.

SPRCUA
Monkey Bar



2.

SPRPS
Pipe+Pin Safeties



3.

SPRHBH
Heavy Bag Hanger



PRO CLUBLINE STRENGTH

Body-Solid Pro ClubLine Strength equipment is top-of-the-line premium equipment designed for heavy-use facilities. Each Pro ClubLine Strength equipment carries a full commercial rating and offers state-of-the-art features and construction.



SAB500B **AB BENCH**

- Adjustable to: 0°, 5°, 10°, 15°, 20°, 25° and 30°
- 70"L x 27"W x 49"H, 125 lbs.



SGH500B **GLUTE & HAM MACHINE**

- Oversized pads for comfort
- 77"L x 33"W x 50"H, 136 lbs.



STBR500B **T-BAR ROW MACHINE**

- Oversized Diamond-plated footplate
- 78" L x 43" W x 18" H, 163 lbs.



SVKR1000B **VERTICAL KNEE RAISE & DIP**

- 62"L x 47"W x 103"H
- 373 lbs.



SFB125 **FLAT BENCH**

- Extra thick pad
- 63"L x 25"W x 17"H, 58 lbs.



SFI20 **ADJUSTABLE BENCH**

- 53"L x 23"W x 18"H
- 83 lbs.



SFID325B **ADJUSTABLE BENCH**

- Adjusts from flat to several incline positions (15, 30, 45, 60 and 80°)
- 58"L x 25"W x 18"H, 75 lbs.



SFID425 **FLAT / INCLINE / DECLINE BENCH**

- Adjusts from decline (-18°) to flat and several incline positions (15, 30, 45, 60 and 80°)
- 66"L x 25"W x 18"H, 90 lbs.

BODY-SOLID PRO SELECT

Body-Solid's Pro-Select product line consists of seven multi-function selectorized stations, perfect for light commercial, training studio and home workout applications. Body-Solid Pro-Select selectorized machines offer great function with a high degree of safety and are one of the industry's most affordable commercial fitness equipment lines.

All Body-Solid Pro-Select are available with 210 lb. or 310 lb. weight stacks



GCAB-STK AB & BACK

- 27 foam roller adjustments ensure proper starting positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 55"L x 50"W x 71"H, 399 lbs.



GCBT-STK BICEPS & TRICEPS

- Multi-grip handle allows overhand and underhand grip positions
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 52"L x 36"W x 71"H, 395 lbs.



GCEC-STK LEG EXTENSION & CURL

- 7 position adjustments on back pad and leg hold down
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 54"L x 54"W x 71"H, 412 lbs.



GIOT-STK INNER / OUTER THIGH

- Combines both abductor and adductor exercises in one seated position
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 63"L x 65"W x 71"H, 411 lbs.



GMFP-STK MULTI-PRESS

- Rotating pulleys provide smooth resistance through multiple planes of movement
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 76"L x 50"W x 71"H, 330 lbs.



GLP-STK LEG & CALF PRESS

- Double beam design eliminates ankle stress and provides consistent resistance
- 1:2 weight ratio
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 65"L x 64"W x 71"H, 441 lbs.



FCD-STK WEIGHT ASSISTED CHIN /DIP

- Perform chin-ups, pull-ups and dips more easily by using weight as assistance
- Standard weight stack 210 lbs. with optional 310 lbs. available
- 63"L x 58"W x 83"H, 468 lbs.

Additional Options for Pro Select

#HP10



Red Premium Selectorized
Weight Plates

#WSP10



Premium Selectorized
Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.

BODY-SOLID RACKS & CAGES

Body-Solid Power Racks and Cages have a proven track record with years of reliability and innovation. User-friendly features on each Body-Solid Power Rack and Cage along with optional attachments, accessories and customizations allows users and facilities to tailor racks and cages to their exact needs.



GPR400 PRO POWER RACK

- 1" hole spacing for safeties
- Includes premium j-cup liftoffs and pipe & pin safeties
- Integrated chin-up bar
- 53"L x 52"W x 79"H, 273 lbs.



GPR400 PRO POWER RACK OPTIONS

OPTIONS:

- GLA400 Lat Attachment (*shown*)
- GPRDH Dip Handles (*shown*)
- GPRFT Functional Trainer Attachment (*not shown*)
- GPRFTS Functional Trainer Attachment (*not shown*)
- GPRTBR T-Bar Row attachment (*shown*)
- GPRUL U-Link (*shown*)
- GPRWH Weight Horns (*shown*)
- GRPSS Power Rack Safety Straps (*not shown*)
- SPRBP Band Pegs (*not shown*)
- SPRCUA Multi-Chin Attachment (*not shown*)
- SPRHT Hip Thruster (*not shown*)
- SPRJJC J-Cup Liftoffs (*shown*)
- SPRLHD Leg Hold Down (*not shown*)
- SPRLFT Monolift Arms (*not shown*)
- SPRSP Spotter Platforms (*not shown*)
- SPRTB Dual T-Bar Row Platform (*not shown*)

GPR400 OPTIONAL ATTACHMENTS

View the next pages for all GPR400 Attachments



GPR400

GPR400 OPTIONAL ATTACHMENTS *(page 1 of 3)*



1.

GLA400
Lat Attachment



6.

GPRTBR
T-Bar Row



2.

GPRDH
Dip Handles



7.

GPRUL
U-Link



3.

GPRFT
Functional Trainer
(Plate Loaded)



8.

GPRWH
Weight Plate Horn



4.

GPRFTS
Functional Trainer
(Selectorized
Weight Stacks)



9.

SPRBP
Band Pegs



5.

GPRSF
Safeties



10.

SPRCUA
Multi-Grip
Chin Bar

GPR400 OPTIONAL ATTACHMENTS *(page 2 of 3)*

11.



SPRHT
Hip Thrust

15.



SPRTB
Dual T-Bar Row

12.



SPRJJC
J-Cups

16.



GPRSS
Power Rack
Safety Straps

13.



SPRLFT
Monolift

17.



SPRLHD
LEG HOLD
DOWN

14.



SPRSP
Spotter Platform

GPR400 OPTIONAL ATTACHMENTS (page 3 of 3)



GPRFT

FUNCTIONAL TRAINER

ATTACHMENT (only fits GPR400)

The GPRFT adds fully adjustable functional pulleys on the front of the GPR400 and a dual lat pulldown/low pulley in the middle of the rack.

- Utilizes Olympic weight plates
- Fully adjustable dual front swiveling pulleys
- Dual pulley lat pulldown and low row
- Includes: 2 x nylon cable handles, lat bar, low row bar
- 77"L x 74"W x 81"H, 190 lbs.



GPRFTS

FUNCTIONAL TRAINER

ATTACHMENT (only fits GPR400)

The GPRFTS adds fully adjustable functional pulleys on the front of the GPR400 and a dual lat pulldown/low pulley in the middle of the rack.

- Selectorized Weight Plate Stacks (2 x 210 lbs.)
- Fully adjustable dual front swiveling pulleys
- Dual pulley lat pulldown and low row
- Includes: 2 x nylon cable handles, lat bar, low row bar
- 77"L x 57"W x 81"H, 625 lbs.

Additional Options for the GPRFTS

#HP10



Red Premium Selectorized
Weight Plates

#WSP10



Premium Selectorized
Weight Plates

#WSA



Weight Stack Adapters
2.5 lb. & 5 lb.



GLA400 LAT ATTACHMENT

Transform the Body-Solid GPR400 Power Rack into a complete home gym with the GLA400 Lat Attachment.

- High and Low Pulley with no cable change design
- Includes lat bar and low row bar
- Optional 150 lb. weight stack, SP150
- 80"L x 52"W x 80"H, 85 lbs.



GPR370B MULTI-PRESS RACK

- 14 position ¼" solid steel gunracks
- 7° reverse pitch for biomechanically correct lifting paths
- 45"L x 64"W x 74"H, 140 lbs.



**pictured with optional GPU348*



GS348B **SERIES 7 SMITH MACHINE**

- Large diameter, 25 lb. Smith Bar
- For smith and freeweight barbell exercises
- 56"L x 70"W x 83"H, 276 lbs.



GS348BP4 **SERIES 7 SMITH PACKAGE**

- Complete Smith Gym System
- 98"L x 70"W x 83"H, 724 lbs.

INCLUDES:

GS348B	Smith Machine
GLA348BS	210 lb. Lat Attachment
GPA3B	Pec Attachment
GFID71B	Flat / Incline / Decline Bench
GLDA3	Leg Developer (not shown)
GPCA1	Preacher Curl (not shown)

GS348B OPTIONAL ATTACHMENTS



Lat Attachment



Pec Attachment



Pull-Up Bar

BODY-SOLID STRENGTH

Body-Solid produces more benches and all-purpose strength equipment than any other manufacturer. Our wide array of products are designed to be versatile enough to cover the entire body while also maximizing results.



GFB350B **FLAT BENCH**

- Transport wheels for easy movement
- 49"L x 23"W x 19"H, 42 lbs.



GFID100B **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Optional attachments: GLDA3 Leg Developer and GPCA1 Preacher Curl
- 66"L x 28"W x 19"H, 53 lbs.



FID46 **FLAT / INCLINE / DECLINE BENCH**

- Synchronized seat and back pad
- Includes leg developer
- 72"L x 28" W x 31"H, 93 lbs.



GFID225B **FOLDING MULTI-BENCH**

- Folds flat for easy storage
- Ships fully assembled
- 57"L x 18"W x 10"H - Folded
- 60"L x 18"W x 19"H - In-Use
- 53 lbs.



GFID31B **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- Oversized seat adjustment for bent-knee ab crunch position
- Optional attachments: GLDA1 Leg Developer and GPCA1 Preacher Curl
- 59"L x 27"W x 22"H, 57 lbs.



GFID71B **FLAT / INCLINE / DECLINE BENCH**

- Independent back (ladder style) and seat pad (pull pin) adjustments
- 2" x 3" 11-gauge steel frame
- Optional attachments: GLDA3 Leg Developer, GPCA1 Preacher Curl, and GLRA81 Lat Row
- 68"L x 28"W x 19"H, 100 lbs.



**pictured with optional OA8*



GDIB46LB **POWERCENTER COMBO BENCH**

- Includes Leg Developer
- Flat / Incline / Decline
- 77"L x 46"W x 43"H, 110 lbs.

Optional Lat/Row Attachment:

GLRA81

Optional Preacher Curl Attachment:

GPCA1



GST20B **UTILITY BENCH**

- Wide rear legs prevent rocking
- Height to seat pad: 18"
- 28"L x 28"W x 46"H, 30 lbs.



GRCH322B **ROMAN CHAIR**

- Works glutes, hamstrings, calves, abs, obliques and back
- Extra-wide base eliminates rocking
- 51"L x 27"W x 43"H, 70 lbs.



GHYP345B **45° BACK HYPEREXTENSION**

- Increase flexibility and relieve back pain
- Oversized foot plate provides easy access
- 53"L x 29"W x 36"H, 68 lbs.



GAB100B **HORIZONTAL AB** **CRUNCH MACHINE**

- Work upper and lower abs in one synchronized movement
- Weight posts for increased resistance or assistance
- 61"L x 33"W x 36"H, 72 lbs.



GAB300B **SEMI-RECUMBENT AB BENCH**

- Intense isolation of the abdominal region
- Lower abdominal counter-balance and resistance with lock-out feature
- 69"L x 34"W x 52"H, 100 lbs.



GAB60B **PRO-STYLE AB BOARD**

- 12 adjustment levels from 0° to 45°
- Transport wheels for easy mobility
- 66"L x 24"W x 52"H, 39 lbs.



GCAB360B **CAM SERIES AB & BACK**

- Isolated ab and back movements
- Easy-to-use pop-pin adjustments
- 59"L x 45"W x 43"H, 75 lbs.



GCLP100 **COMPACT LEG PRESS**

- Combines leg press & calf raise in one compact machine
- Carriage with sealed linear bearings
- 67"L x 47"W x 46"H, 229 lbs.



GLPH1100B **LEG PRESS & HACK SQUAT**

- Quad track roller system operates smoothly and distributes weight evenly
- Flip-and-lock back pad mechanism
- 96"L x 34"W x 56"H, 340 lbs.



GSCL360B **LEVERAGE SQUAT & CALF**

- Innovative rounded calf raise block provides a deep pre-stretch for maximum development
- Diamond plate foot platform is set to perfect 20° pitch for optimal development of quads and glutes
- 62"L x 47"W x 56"H, 170 lbs.



GVLP **Vertical Leg Press**

- Innovative design minimizes shoulder and back stress with a back-lying position
- Fits both Olympic and standard plates
- 53"L x 62"W x 72"H, 241 lbs.



GDIP59B **DIP STATION**

- Large diameter grips
- Dip handles taper from 21" to 19" width
- 40"L x 27"W x 53"H, 44 lbs.



GVKR60B **VERTICAL KNEE RAISE & DIP**

- Safe, no-slip step-up entry
- 37"L x 27"W x 60"H, 61 lbs.



GVKR82B **VERTICAL KNEE RAISE / DIP / PUSH-UP / CHIN-UP**

- Lat pull-up/chin-up station features easy step-up entry
- 58"L x 50"W x 82"H, 112 lbs.



FCDB **VERTICAL KNEE RAISE / DIP / CHIN-UP**

- Lat pull-up (wide grip)/chin-up (close grip) station features easy step-up entry
- Dip station features oversized grips for ultimate comfort
- 63"L x 42"W x 83"H, 136 lbs.



GPM65B **PEC DEC / REAR DELT**

- Articulating handles for unilateral and bilateral chest development
- 69"L x 39"W x 66"H, 91 lbs.



GSRM40B **SEATED ROW MACHINE**

- Multi-position adjustable handles
- 56"L x 43"W x 39"H, 81 lbs.



GPCB329B **PREACHER CURL BENCH**

- Isolate biceps with classic preacher curl movement
- Extra-wide base and bar cradle
- 34"L x 35"W x 38"H, 74 lbs.



GCBT380B **CAM SERIES BICEPS & TRICEPS**

- V-Bar handle to better isolate targeted muscles
- Arm pad positioned at 30° angle
- 41"L x 45"W x 40"H, 79 lbs.



GSCR349B **SEATED CALF RAISE**

- Isolate calves for intense calf raise workout
- Operates on a 1:3 weight ratio
- 47"L x 23"W x 39"H, 93 lbs.



GCEC340B **CAM SERIES LEG EXT. & CURL**

- Leg extension & leg curl performed from one comfortable seated position
- Adjustable lifting arm can be positioned for both hamstring and quad isolation
- 56"L x 44"W x 37"H, 72 lbs.



GLCE365B **LEG EXTENSION & CURL**

- Perform leg extensions and lying supine leg curls
- Synchronized pads provide back support for leg extension exercise
- 55"L x 27"W x 48"H, 92 lbs.



GSS50B **SISSY SQUAT**

- Train abs, legs and core
- 44"L x 24"W x 19"H, 47 lbs.



GWS100 **WEIGHT SLED**

- Multiple handles make pushing and pulling easy and effective
- Removable posts allow workout customization
- 50"L x 31"W x 40"H, 68 lbs.



GINV50 **INVERSION TABLE**

- Stable extra heavy gauge steel frame
- Proprietary ankle adjustment
- 72"L x 28"W x 79"H, 53 lbs.



GLM85B **LAT MACHINE**

- High and low pulley no cable change design
- Plate loaded or 210 lb. or 310 lb. Selectorized Stack
- Includes Lat Bar and Low Row Bar
- Adjustable leg hold down, and foot plate for low rows
- 54"L x 45"W x 82"H 136 lbs.



GLGS100B **CORNER LEVERAGE GYM**

- Features Lat Pulldown, Press / Squat, Low Pulley stations
- 69"L x 67"W x 82"H, 191 lbs.

OPTIONS:

GFID100B Flat / Incline / Decline Bench



GLGS100BP4 **CORNER LEVERAGE PACKAGE**

- Total body freeweight gym
- Features Lat Pulldown, Press / Squat, Low Pulley stations.
- 95"L x 67"W x 83"H, 244 lbs.

INCLUDES:

GLGS100B Corner Leverage Gym

GFID100B Flat / Incline / Decline Bench



SBL460 **LEVERAGE GYM**

- Total body freeweight gym
- 107"L x 74"W x 83"H, 415 lbs.

OPTIONS:

- | | |
|-------|--------------------------------|
| LSA50 | Leverage Squat Attachment |
| FID46 | Flat / Incline / Decline Bench |



SBL460P4 **LEVERAGE GYM PACKAGE**

- Total body freeweight gym
- Three people can work out together safely
- 149"L x 100"W x 83"H, 630 lbs.

INCLUDES:

- | | |
|--------|--------------------------------|
| SBL460 | Leverage Gym |
| LSA50 | Leverage Squat Attachment |
| FID46 | Flat / Incline / Decline Bench |

BODY-SOLID FUNCTIONAL

Body-Solid functional training equipment provides unparalleled performance and value. We blend modern designs and a lifetime of knowledge to build equipment that can train multiple muscle groups, maximize sports-specific performance or fit comfortably into rehabilitation and physical therapy studios.



GFT100 FUNCTIONAL TRAINING

- Includes Two Aluminum Stirrup Handles, Triceps Rope, Chin/Dip Rope, Double Swivel Bar
- Accessory Rack included
- 45"L x 64"W x 83"H, 633 lbs.

OPTIONS:
GFT100SH Weight Stack Shrouds



GFT100 FUNCTIONAL TRAINERS FEATURE:

- Two – 160 lb. weight stacks standard
- Optional – 210 lb. or 310 lb. weight stacks available
- Integrated chin-up / pull-up bar
- Pulleys swivel 180°
- 20 pulley adjustments per side
- 2:1 weight resistance ratio

Additional Options for the GFT100





GDCC250B
DELUXE CABLE CROSSOVER

- Includes two nylon cable handles and exercise chart
- 164"L x 29"W x 84"H, 560 lbs.

FUNCTIONAL TRAINING OPTIONS:



SP50
50 LB. STACK
UPGRADE



GDCCBAR
DUAL PRESS BAR



MB100A
ALUMINUM
DOUBLE SWIVEL
BAR



HP10
RED PREMIUM
SELECTORIZED
WEIGHT PLATES



WSP10
PREMIUM
SELECTORIZED
WEIGHT PLATES



WSA
WEIGHT STACK
ADAPTERS
2.5 LB. & 5 LB.

BODY-SOLID GYM SYSTEMS

Body-Solid gyms are designed to maximize performance and last a lifetime. Each Body-Solid gym features state-of-the-art designs and user-friendly features at an affordable price. Our industry-leading selection range from space-saving gyms to robust multi-user gyms and everything in-between.



G9B **TWO STACK GYM**

- Includes lat bar, low row bar, ankle cuff, ab/triceps strap, workout chart and dvd
- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station with 1:2 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- Two 210 lb. standard weight stack, optional 260 lb. available
- Optional VKR Station (not shown)
- Optional Inner Outer Thigh (not shown)
- 90"L x 73"W x 84"H, 964 lbs.
- 90"L x 104"W x 84"H, (with GKR9B option)
- 90"L x 133"W x 84"H, (with GIOT option)

OPTIONS:



GIOT9
INNER OUTER
THIGH
ATTACHMENT



GKR9B
KNEE RAISE
ATTACHMENT

**G6B****BI-ANGULAR SINGLE STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 84"L x 58"W x 84"H, 547 lbs.
- 84"L x 82"W x 84"H (with Leg Press option)

**G5B****SINGLE STACK GYM**

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 260 lb. available
- Optional Leg Press Station (not shown)
- 81"L x 55"W x 84"H, 511 lbs.
- 81"L x 83"W x 84"H (with Leg Press option)
- 85"L x 104"W x 84"H (with GIOT option)

Additional Options for the G-Series Gyms

#HP10

Red Premium Selectorized
Weight Plates

#WSP10

Premium Selectorized
Weight Plates

#WSA

Weight Stack Adapters
2.5 lb. & 5 lb.

**F500B****FUSION 500B SINGLE STACK GYM**

- Chest Press, Incline Press, Shoulder Press, Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- Optional Leg Press Station (not shown)
- Optional Weight-Assisted Dip Station (not shown)
- 76"L x 48"W x 83"H, 526 lbs.
- 79"L x 80"W x 83"H (with Leg Press option)
- 76"L x 98"W x 83"H (with Assisted Chin Dip)

**F600B****FUSION 600B SINGLE STACK GYM**

- Bi-Angular Chest Press, Incline Press, Shoulder Press Station
- Row Station
- High Pulley Station
- Adjustable Functional Pulley Station
- Leg Extension and Seated Curl Station
- 210 lb. standard weight stack, optional 310 lb. available
- Optional Leg Press Station (not shown)
- Optional Weight-Assisted Dip Station (not shown)
- 74"L x 51"W x 83"H, 573 lbs.
- 80"L x 80"W x 83"H (with Leg Press option)
- 76"L x 98"W x 83"H (with Assisted Chin Dip)



**EXM3000LPS
TWO STACK GYM**

- Chest Press, Incline Press, Shoulder Press, Row Station
- High, Mid and Low Pulley Stations
- Leg Press Station with 1:2 ratio
- Pec Fly, Rear Delt Station
- Leg Extension and Curl Station
- (2) 210 lb. weight stacks included
- 90"L x 82"W x 83"H, 947 lbs.
- 90"L x 104"W x 83"H (with VKR30 option)

EXM SERIES GYM OPTIONAL ATTACHMENTS



- VKR30**
- Knee Raise/Dip Station
 - Fits the EXM3000LPS

Additional Options for the EXM3000LPS		
#HP10	#WSP10	#WSA
Red Premium Selectorized Weight Plates	Premium Selectorized Weight Plates	Weight Stack Adapters 2.5 lb. & 5 lb.

G SERIES GYM OPTIONAL ATTACHMENTS



SP50
50 lb. Weight Stack
upgrade
G5B, G6B,
G9B



GIOT
Inner/Outer
Thigh
G5B, G6B,
G9B



GKR9B
Vertical Knee
Raise
G9B



GLP
Leg Press/Calf
Press
G5B, G6B



GAP
Aluminum Pulley
G5B, G6B,
G9B

FUSION GYM OPTIONAL ATTACHMENTS



FCDWA
Weight Assisted
Dip/Pull-Up
Fusion 500B,
Fusion 600B



FLP
Leg Press
Fusion 500B,
Fusion 600B



FMH
Multi-Hip Station
Fusion 500B,
Fusion 600B

OPTIONAL ATTACHMENTS FOR ALL BODY-SOLID GYMS



HP10
Premium Weight
Stack Plate



WSA
Weight Stack
Adapters
2.5 lb. & 5 lb.



WSP
Premium
Selectorized
Weight Plates

BODY-SOLID TOOLS

The Body-Solid Tools line of accessories is designed with all users in mind. From medicine balls and slam balls to plyo boxes, pull-up bars and training ropes, Body-Solid Tools accessories cover every facet of fitness and provide gyms and facilities with everything they need for a complete user experience.



BSTSB(SIZE) STABILITY BALLS

- Durable, latex-free, anti-burst construction
- Available in 45, 55, 65, and 75 cm diameter



BSTTT(WEIGHT) TIRE TREAD SLAM BALLS

- Thick durable rubber shell
- Non bouncing, non rolling design
- Aggressive tire tread surface for superior grip
- Available in 10, 15, 20, 25 and 30 lb.



BSTHB(WEIGHT) SLAM BALLS

- Thick durable rubber shell
- Non bouncing, non rolling design
- Textured surface for superior grip
- Available in 10, 15, 20, 25, and 30 lb.



BSTDMB(WEIGHT) DUAL GRIP MEDICINE BALLS

- Durable rubber, easy-grip handles
- Available in 6, 8, 10, 12, 14, 16, 18, 20 and 25 lb.



BSTMB(WEIGHT) PREMIUM MEDICINE BALLS

- Textured grip for superior handling
- Durable rubber construction
- Large, easy-to-identify weight identifiers and color-coding
- Available in 2, 4, 6, 8, 10, 12, 14, 16, 20, 25, and 30 lb.



BSTDYN(WEIGHT) DYNAMAX MEDICINE BALLS

- Soft-shell design is scuff-resistance and designed to hold shape
- Heavy-duty, vinyl-coated nylon cover
- 14" diameter
- Available in 4, 6, 8, 10, 12, 14, 16, 18, 20, 25, and 30 lb.



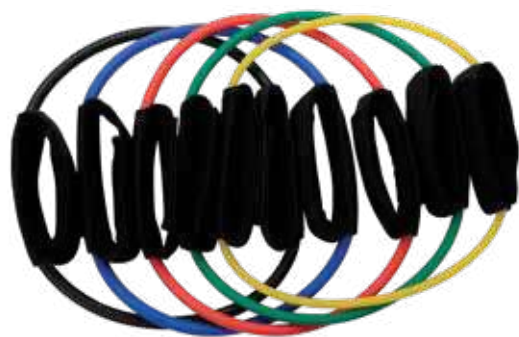
BSTB LIFTING BANDS

BSTB1	ORANGE	VERY LIGHT
BSTB2	GREEN	LIGHT
BSTB3	RED	MEDIUM
BSTB4	BLUE	HEAVY
BSTB5	PURPLE	VERY HEAVY



BSTBM MINI RESISTANCE BANDS

BSTBM1	YELLOW	VERY LIGHT
BSTBM2	GREEN	LIGHT
BSTBM3	RED	MEDIUM
BSTBM4	BLUE	HEAVY
BSTBM5	BLACK	VERY HEAVY



BSTART ANKLE RESISTANCE TUBES

BSTART1	YELLOW	VERY LIGHT
BSTART2	GREEN	LIGHT
BSTART3	RED	MEDIUM
BSTART4	BLUE	HEAVY
BSTART5	BLACK	VERY HEAVY

BSTRT RESISTANCE TUBES

BSTRT1	YELLOW	VERY LIGHT
BSTRT2	GREEN	LIGHT
BSTRT3	RED	MEDIUM
BSTRT4	BLUE	HEAVY
BSTRT5	BLACK	VERY HEAVY

BSTRTDA RESISTANCE TUBE DOOR ATTACHMENT

- Anchor resistance tubes in door frame
- 8.5" L x 1.5" W





BSTPB(HEIGHT) **STACKABLE METAL PLYO BOXES**

BSTPB6	H 6"	BSTPB30	H 30"
BSTPB12	H 12"	BSTPB36	H 36"
BSTPB18	H 18"	BSTPB42	H 42"
BSTPB24	H 24"		



BSTSPBOX **3-IN-1 PLYO BOX**

BSTSPBOX - SOFT PLYO BOX
20" x 24" x 30"



BSTWPBOX **3-IN-1 PLYO BOX**

BSTWPBOX - WOODEN PLYO BOX
20" x 24" x 30"



BSTAW(WEIGHT) ADJUSTABLE ANKLE WEIGHTS

- Sold in pairs
- Adjustable in 1 lb. increments

BSTAW10 10 lb.

BSTAW20 20 lb.



BSTWVP(WEIGHT) WEIGHTED VESTS

- Dual velcro straps for secure fit
- Individual 1.25 lb. sandbags for easy adjustments

BSTWVP20 20 lb.

BSTWVP40 40 lb.



BSTSH SLED HARNESS

- Fully adjustable fit
- Quick release strap
- For use with weight sleds and parachutes



BSTFR FOAM ROLLERS

BSTFR36F	36"L x 6"W x 6"H	FULL
BSTFR36H	36"L x 6"W x 3"H	HALF



BSTFRP PREMIUM FOAM ROLLERS

BSTFRP36F	36"L x 6"W x 6"H	FULL
BSTFRP18F	18"L x 6"W x 6"H	SHORT



BSTYM YOGA MATS

BSTYM3	72"L x 24"W x 3mm	BLUE
BSTYM5	72"L x 24"W x 5mm	RED
BSTYM10	72"L x 24"W x 6mm	GREEN



BSTYB10 PREMIUM FOAM YOGA BLOCK

- Lightweight, high-density and sturdy for long-lasting durability
- Beveled edges provide soft, stable grip
- 9"L x 4"W x 6"H, .5 lb.

**GHMR10**

BSTFM20 **HANGING FOAM EXERCISE MAT**

- Reinforced eyelets to hang on wall or door
- Water-resistant, non-slip surface
- 71"L x 23"W x .5"H, 2 lbs.

BSTFMH **FOAM MAT HANGER**

- 21"L x 7"W" x 2"H, 1 lbs.



PUB34 **CHIN-UP BAR**

- Easily removes from door frame brackets when not in use
- Extends up and out from door frame increasing range of motion
- 37"L x 16"W x 7"H, 9 lbs.



PUB30 **PULL-UP/PUSH-UP BAR**

- No mounting hardware required
- Fits doorways 27.5" to 30"W
- 37"L x 16"W x 7"H, 4 lbs.



BSTCP CRASH PADS

- No mounting hardware required
- Reinforced carry handle
- 24"L x 30"W x 6"H, 13.5 lbs. (single pad)
- Sold in pairs



BSTFB(WEIGHT) FITNESS BARS

- Weight designations permanently stamped into color-coordinated rubber end caps
- Available in 4, 6, 9, 12, 15, 18, 24, 30, and 36 lb.



GFR500 FITNESS BAR RACK

- 24"L x 29"W x 43"H, 37 lbs.
- Holds up to 30 bars



MB229
REVOLVING
CURL BAR



MB229RG
REVOLVING
CURL BAR



MB229A
ALUMINUM
REVOLVING
CURL BAR



MB229FG
REVOLVING
CURL BAR
FAT GRIP



MB022
REVOLVING
STRAIGHT BAR



MB022RG
PRO-GRIP
REVOLVING
STRAIGHT BAR



MB022A
ALUMINUM
REVOLVING
STRAIGHT BAR



MB022FG
FAT GRIP
STRAIGHT BAR



MB501
STIRRUP HANDLE



MB501RG
PRO-GRIP
STIRRUP HANDLE



MB501A
ALUMINUM
REVOLVING
STIRRUP HANDLE



MB501FG
FAT GRIP
STIRRUP
HANDLE CABLE
ATTACHMENT



MB504
TRICEP
PRESSDOWN
BAR



MB504RG
PRO-GRIP
TRICEP
PRESSDOWN BAR



MB504A
ALUMINUM
TRICEP BAR



MB504FG
TRICEP HANDLE
FAT GRIP



MB502
SEATED ROW /
CHIN BAR



MB502RG
PRO-GRIP
SEATED ROW /
CHIN BAR



MB502A
ALUMINUM
CHIN HANDLE



MB502FG
FAT GRIP
SEATED ROW/
CHIN BAR



MB503RG
PRO-GRIP
MULTI BAR



MB507RG
PRO-GRIP
V-BAR



MB438RG
PRO-GRIP
MULTI-GRIP
LAT BAR



MB100A
ALUMINUM
DOUBLE SWIVEL
BAR



MB148
LAT BAR



MB148A
ALUMINUM
LAT BAR



MB148RG
PRO-GRIP
PRO-STYLE
LAT BAR



MB148FG
LAT PULLDOWN BAR
FAT GRIP



NB51
NYLON WRIST
STRAPS



NB52
LIFTING STRAPS



NB55
NYLON DIPPING
STRAP



NB56
NYLON DIPPING
BELT



NAS3
NYLON ANKLE
STRAP



MA307N
NYLON HEAD
HARNESS



NTS10
TRICEP STRAP



ACH18
AB CRUNCH
HARNESS



NB59
ADJUSTABLE
NYLON HANDLE



NB59A
ALUMINUM
NYLON HANDLE



TR20
TRICEP ROPE



TR30
NATURAL FIBER
TRICEP ROPE



BSTGT
GRIP TRAINER



BSTCB
CANNONBALL
GRIPS



BSTNG
NUN CHUCK
GRIPS



BSTDB
DOG BONE
GRIP



AAB2
GUT BLASTER
AB SLINGS



STT45
WEIGHT PLATE
CLOCK



BSTAB1
AB WHEEL



PG2
PRO POWER
GRIPS



BSTJR1
JUMP ROPE



BSTSR1
CABLE SPEED
ROPE



BSTSR10
PREMIUM
SPEED ROPE



BSTRINGS
RINGS



BB23
BICEPS BOMBER



GIB2R
INVERSION
BOOTS



PUB2
CHROME
PUSH-UP BARS



PUB5
PREMIUM
PUSH-UP BARS



BSTBR

FITNESS TRAINING ROPES

BSTBR1530	1.5" DIA x 30' LONG
BSTBR1540	1.5" DIA x 40' LONG
BSTBR2030	2.0" DIA x 30' LONG
BSTBR2040	2.0" DIA x 40' LONG



RF546

RUBBER FLOORING

- 72"L x 48"W x 1/2"H



RFBST4PB | RFBST4PS

INTERLOCKING RUBBER FLOORING

RFBST4PB (box of 4 pcs) - BLACK

- 19.75"L x 19.75"W x 7/16"H

RFBST4PS (box of 4 pcs) - GRAY SPECK

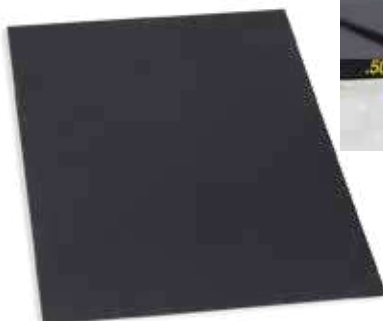
- 19.75"L x 19.75"W x 7/16"H



RF36T | RF34B | RF38R

CARDIO MATS

- RF36T 78"L x 36"W x 1/8"H
- RF34B 48"L x 36"W x 1/8"H
- RF38R 102"L x 36"W x 1/8"H



RFM1/2BLK3 | RFM3/4BLK3

4' x 3' Rubber Mat, 1/2" and 3/4" Thick

RFM1/2BLK3 - BLACK

- 4'W x 3'L x 1/2"H

RFM3/4BLK3 - BLACK

- 4'W x 3'L x 3/4"H

WEIGHTS & BARS

Body-Solid offers one of the largest selections of free weights and bars in the industry. Each Body-Solid weight plate, Olympic bar, kettlebell and dumbbell is meticulously designed and constructed to perform its best every time.



OPB CAST IRON OLYMPIC PLATES

OPB2-5	2.5 lb.
OPB5	5 lb.
OPB10	10 lb.
OPB25	25 lb.
OPB35	35 lb.
OPB45	45 lb.
OPB100	100 lb.

SETS

OSB255	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb.
OSB355	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb.
OSB455	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb.
OSC300S	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
OSC400S	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
OSC500S	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars



SETS W/ BLACK BAR

OSB300S	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06PR Spring Collars
OSB400S	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06PR Spring Collars
OSB500S	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86B (black) (2) #OC06PR Spring Collars



OPT CAST IRON GRIP OLYMPIC PLATES

OPT2-5	2.5 lb.
OPT5	5 lb.
OPT10	10 lb.
OPT25	25 lb.
OPT35	35 lb.
OPT45	45 lb.

SETS

OST255	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb.
OST355	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb.
OST455	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb.
OST300S	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
OST400S	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
OST500S	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars



ORT RUBBER GRIP OLYMPIC PLATES

ORT2-5	2.5 lb.
ORT5	5 lb.
ORT10	10 lb.
ORT25	25 lb.
ORT35	35 lb.
ORT45	45 lb.
ORT100	100 lb.

SETS

ORST255	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb.
ORST355	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb.
ORST455	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb.
OSR300S	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
OSR400S	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
OSR500S	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars



ORC COLOR RUBBER GRIP OLYMPIC PLATES SETS

ORC2-5	2.5 lb.	ORCT255	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb.
ORC5	5 lb.	ORCT355	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb.
ORC10	10 lb.	ORCT455	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb.
ORC25	25 lb.	ORC300	- (2) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
ORC35	35 lb.	ORC400	- (4) 45 lb. (2) 35 lb. (2) 25 lb. (2) 10 lb. (6) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars
ORC45	45 lb.	ORC500	- (6) 45 lb. (2) 35 lb. (2) 25 lb. (4) 10 lb. (4) 5 lb. (2) 2.5 lb. (1) 44 lb. Olympic Bar #OB86 (chrome) (2) #OC06PR Spring Collars



OBPH PREMIUM BUMPER PLATES

OBPH10	10 lb.	• Made in the USA
OBPH15	15 lb.	• 2" Stainless steel center bushing protects the rubber material
OBPH25	25 lb.	• Recycled rubber
OBPH35	35 lb.	• Dimensions- each plate is 17.7" round regardless of weight
OBPH45	45 lb.	• 1 Year Commercial Warranty



OBPX CHICAGO EXTREME BUMPER PLATES

OBPX10	10 lb.	• Diameter 450mm (17.72"), IWF Standard
OBPX15	15 lb.	• Collar Opening 50.8mm (2")
OBPX25	25 lb.	• Smooth Black Finish
OBPX35	35 lb.	• 1 Year Commercial Warranty for 10 lb. and 15 lb.
OBPX45	45 lb.	• 3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.



OBPXC CHICAGO EXTREME COLOR BUMPER PLATES

OBPXC10	10 lb.	• Diameter 450mm (17.72"), IWF Standard
OBPXC15	15 lb.	• Collar Opening 50.8mm (2")
OBPXC25	25 lb.	• Smooth Finish
OBPXC35	35 lb.	• 1 Year Commercial Warranty for 10 lb. and 15 lb.
OBPXC45	45 lb.	• 3 Year Commercial Warranty for 25 lb., 35 lb. and 45 lb.



RPB CAST IRON STANDARD PLATES

RPB1-5	1.5 lb.	RPB12-5	12.5 lb.
RPB2-5	2.5 lb.	RPB20	20 lb.
RPB5	5 lb.	RPB25	25 lb.
RPB7-5	7.5 lb.	RPB50	50 lb.
RPB10	10 lb.		



BSTVD(WEIGHT) **VINYL DUMBBELL**

- Durable vinyl finish
- Color-coded by weight
- Available in 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, and 15 lb.



BSTND(WEIGHT) **NEOPRENE DUMBBELL**

- Durable neoprene finish
- Color-coded by weight
- Available in 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 12, and 15 lb.



SDX(WEIGHT) **CAST IRON HEX DUMBBELLS**

- Straight handles
- Available in 2, 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.



SDR(WEIGHT) **RUBBER HEX DUMBBELLS**

- Contoured, knurled, chrome handles
- Available in 3, 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, and 120 lb.



SDP(WEIGHT) **PREMIUM ROUND RUBBER DUMBBELLS**

- Straight, knurled, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, and 100 lb.



SBB(WEIGHT) FIXED WEIGHT BARBELLS

- Knurled chrome handles for secure grip
- Straight bar design
- 1.26" grip diameter
- Available in 20, 30, 40, 50, 60, 70, 80, 90, 100, and 110 lb.



SBZ(WEIGHT) FIXED WEIGHT BARBELLS

- Knurled chrome handles for secure grip
- Ez-curl bar design
- 1.26" grip diameter
- Available in 20, 30, 40, 50, 60, 70, 80, 90, 100, and 110 lb.



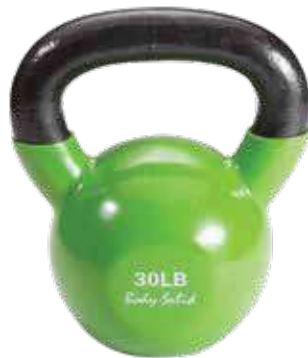
SBBR100 FIXED WEIGHT BARBELL RACK FOR SBB and SBZ BARBELLS

- Easy access storage for up to 10 Fixed Weight Barbells
- Composite lining protects bar finish
- 40"L x 37"W x 62"H, 139 lbs.



KBR(WEIGHT) **CAST IRON KETTLEBELLS**

- Powder-coat finish
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, and 100 lb.



KBV(WEIGHT) **VINYL DIPPED KETTLEBELLS**

- Durable vinyl coating is color-coded by weight
- Available in 5, 8, 10, 12, 15, 20, 25, 30, 35, 40, 45, and 50 lb.



KBZ(WEIGHT) **PREMIUM KETTLEBELLS**

- Durable rubber coating with premium, chrome handles
- Available in 5, 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, and 80 lb.

**OB60B****5' OLYMPIC BAR (BLACK)**

- E-Coat Center Section
- Bar Dia: 30.00 mm
- (ID) Collars: 36.5"
- Sleeve Length: 9.75"
- Weight Capacity: 600 lbs.
- 60"L, 30 lbs.

**OB72A15****6' OLYMPIC BAR (ALUMINUM)**

- Bar Dia: 28.50 mm
- (ID) Collars: 51.5"
- Sleeve Length: 9.25"
- Weight Capacity: 300 lbs.
- 72"L, 15 lbs.

**OB72B****6' OLYMPIC BAR (BLACK)**

- E-Coat Center Section
- Bar Dia: 30.00 mm
- (ID) Collars: 46.0"
- Sleeve Length: 11.25"
- Weight Capacity: 600 lbs.
- 72"L, 40 lbs.

**OB79EXT****WOMEN'S OLYMPIC BAR**

- Bar Dia: 25.00 mm
- (ID) Collars: 51.5"
- Sleeve Length: 12.5"
- Weight Capacity: 1000 lbs.
- 78"L, 33 lbs.

**OB86B****7' OLYMPIC BAR (BLACK)**

- E-Coat center section
- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.

**OB86****7' OLYMPIC BAR (CHROME)**

- Bar Dia: 30.00 mm
- (ID) Collars: 51.50"
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.
- 86"L, 44 lbs.

**OB86P1000****7' OLYMPIC POWER BAR (CHROME)**

- Bar Dia: 30.00 mm
- (ID) Collars: 52.75"
- Sleeve Length: 15.25"
- Weight Capacity: 1000 lbs.
- 86"L, 44 lbs.

**OB86EXT****EXTREME OLYMPIC BAR**

- Bar Dia: 28.75 mm
- (ID) Collars: 52.00"
- Sleeve Length: 16.25"
- Weight Capacity: 1500 lbs.
- 86"L, 44 lbs.

**OB20****OLYMPIC DUMBBELL HANDLES**

- Sold Individually
- Knurled grip
- 20"L, 20 lbs.

**OB34C****OLYMPIC TRICEPS BAR**

- Bar Dia: 25.50 mm
- (ID) Collars: 18.5"
- Sleeve Length: 7"
- 34"L, 22 lbs.

**OB47C****OLYMPIC CURL BAR (CHROME)**

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.

**OB47B****OLYMPIC CURL BAR (BLACK)**

- Bar Dia: 25.50 mm
- (ID) Collars: 31.5"
- Sleeve Length: 7"
- 47"L, 17 lbs.

**OB48****OLYMPIC COMBO BAR (CHROME)**

- Bar Dia: 25.50 mm
- (ID) Collars: 33.75"
- Sleeve Length: 7"
- 48"L, 20 lbs.

**OB86FG****FAT GRIP BAR (BLACK)**

- 2" grip diameter for extra emphasis on forearms/grip strength
- 2" diameter sleeves for use with Oly weights
- 86"L x 2.5"W x 2.5"H, 29 lbs.
- Sleeve Length: 15.75"
- Weight Capacity: 600 lbs.

**OB48F****FAT CURL BAR (BLACK)**

- 2" grip diameter for extra emphasis on forearms/grip strength
- 11-gauge steel
- 2" diameter sleeves for use with Oly weights
- 48"L x 5"W x 3"H, 12 lbs.

**OMG47****OLYMPIC MULTI-GRIP CURL BAR**

- Three separate neutral grips to enhance muscle recruitment
- Knurled handles for comfortable and secure lifts
- 2" sleeve diameter for use with Oly weights
- 48"L x 8"W x 3"H, 12 lbs.

**OMG86****OLYMPIC MULTI-GRIP BAR (BLACK)**

- Bar Dia: 25.50 mm
- (ID) Collars: 52.5"
- Sleeve Length: 16.5"
- 86"L, 45 lbs.



OBSS50B **SAFETY SQUAT BAR**

- E-Coat Center Section
- Redistribute weight during squats and lunges
- Extra thick pad to prevent sliding & movement during lifts
- Heavy-duty & comfortable vinyl pads
- 2" diameter sleeves for use with Oly weights
- 16"L x 87"W x 4"H, 47 lbs.



BSTFWH **FARMERS WALK BARS**

- Sold in pairs
- Bar Dia: 25.50 mm
- (ID) Collars: 35.625"
- Sleeve Length: 12"
- 60"L, 18 lbs. each



OTB50 & OTB50RH **OLYMPIC TRAP BARS**

- Bar Dia: 25.50 mm
- (ID) Collars: 24" Handle
- Sleeve Length: 9.75"
- 56"L, OTB50 - 45 lbs. | OTB50RH - 50 lbs.



OTB100 **OPEN TRAP BAR**

- Perfect for deadlifts, shrugs, lunges & more
- Dual high & low ergonomic handles
- Built-in bar jack
- 16.25" 2" diameter plate sleeves
- 26"L x 73"H x 8"H, 58 lbs.



OC06PR **OLYMPIC SPRING COLLARS**

- Sold in pairs
- Simple and effective spring tension design



OC04 **OLYMPIC TRAINING COLLARS**

- Sold individually
- Classic old school style for quick changes



BSTLJ02 **LOCK JAW OLY 2 COLLARS**

- Sold in pairs
- Uni-body construction for heavy usage
- Durable and secure lever design
- Quick and easy to use
- Elastomer pads protect bar finish



BSTLJHX **LOCK JAW HEX COLLARS**

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish



TBR10
T-BAR ROW
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



TBR20
DUAL PIVOT
T-BAR ROW
PLATFORM

- 11"L x 5"W x 6"H
- 7 lbs.



LBB28
LAT BLASTER BAR

- 31"L x 5"W x 1"H
- 5 lbs.



TBR50
HOME PLATE
LANDMINE

- 23"L x 15"W x 5"H
- 31 lbs.



LMSE
LANDMINE
SINGLE EYELET

- 13"L x 5"W x 2"H
- 3 lbs.



LMPP
LANDMINE
PLATE PIVOT

- 10"L x 10"W x 2.5"H
- 5 lbs.



LMMG
LANDMINE
MULTI-GRIP

- 44"L x 9"W x 8"H
- 8 lbs.



LMCG
LANDMINE
CLUBGRIP

- 24"L x 5"W x 3"H
- 7 lbs.



BSTOBJ
OLYMPIC
BAR JACK

- Sold individually
- 20"L x 5"W x 13"H
- 9 lbs.



BSTOLP
PLATE LOAD PIN

- 12"L x 4"W x 4"H
- 2 lbs.



BSTOBS
OLYMPIC
BAR STANDS

- Sold individually
- 2"L x 17"W x 12"H
- 7 lbs.



BSTCH44
LIFTING CHAINS

- Zinc-coated
- 5' Length
- 22 lbs. each
- Sold in pairs



BSTOPW
PLATE WEDGE

- Sold individually
- 9"L x 2"W x 1"H
- .5 lbs.



MA105
BAR PAD

- 16"L x 4"W x 4"H
- 1 lb.



MR136
MANTA RAY

- 12"L x 3"W x 8"H
- 1 lb.



BSTBPAD
PREMIUM
BAR PAD

- 18"L x 4"W x 4"H
- 1 lb.



SCB26
SQUAT CALF
BLOCK

- 26"L x 8.5"W x 6.5"H
- 27.7 lb.

**RB72****6' STANDARD BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 41"
- Collar Length: 15"
- 72"L, 18 lbs.

**RB84****7' STANDARD BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 51.0"
- Collar Length: 16"
- 84"L, 20 lbs.

**RB47****STANDARD CURL BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 47"L, 11 lbs.

**RB48****STANDARD COMBO BAR (CHROME)**

- Bar Dia: 25.4 mm
- (ID) Collars: 30.5"
- Collar Length: 7.875"
- 48"L, 16 lbs.

**SDA14****STANDARD DUMBBELL HANDLES**

- Sold individually
- Bar Dia: 25.4 mm
- (ID) Collars: 4.5"
- Collar Length: 4.5"
- 14"L, 3.5 lbs. (ea.)

**SDA14T & SDA19T**
STANDARD THREADED
DUMBBELL HANDLES

- Sold individually
- Bar Dia: 25.4 mm
- (OD) Collars: 2.75"
- Collar Length: 14T - 4", 19T - 6.75"
- 14T - 14"L, 3.9 lbs. (ea.), 19T - 19"L, 4.8 lbs. (ea.)



RC0616 **STANDARD SPRING COLLARS**

- Sold in pairs
- Classic design for quick-changes

RC03 **STANDARD 1/2 LB COLLARS**

- Sold individually
- 1/2 lb. cast iron

RC02 **STANDARD 1 LB. COLLARS**

- Sold individually
- 1 lb. cast iron

BSTLJ1 **1" STANDARD COLLARS**

- Sold in pairs
- Quick and easy to use
- Elastomer pads protect bar finish

OAS8 + OAS14 **8" or 14" OLYMPIC ADAPTER SLEEVES**

- Sold individually
- Converts 1" dia. posts to 2" Olympic posts
- Heavy-duty nylon
- Lock-down allen hex bolt
- Available in either 8" or 14" length

STORAGE

Body-Solid is an industry leader in equipment storage and organization with modular and customizable storage solutions to help keep facilities clean, organized and safe.



SDKR EXPANDABLE STORAGE SYSTEM

- Modular storage rack for dumbbells, kettlebells and medicine balls
- Mix and match tiers for combination storage
- Your choice of dumbbell, kettlebell or medicine ball storage tiers
- Expandable rack system for any size facility

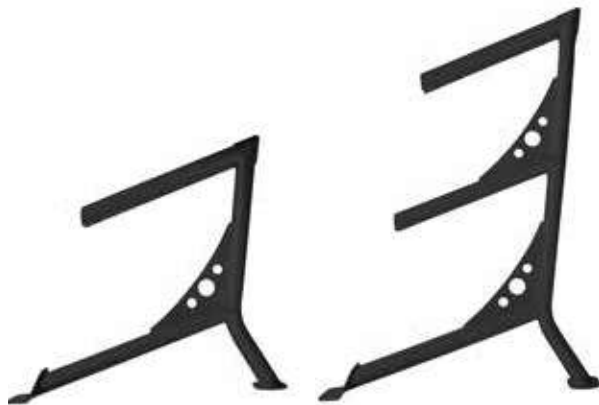


SDKR Uprights are drilled on both sides to allow expansion to right or left

The SDKR1000 storage rack offers unparalleled flexibility for storage of Dumbbells, Kettlebells and Medicine Balls.

2-Tier or 3-Tier uprights available

6 different shelves for customization



SDKRUP2B
2-TIER UPRIGHT

SDKRUPB
3-TIER UPRIGHT



SDKRKBB
KETTLEBELL SHELF



SDKRMBB
MEDICINE BALL SHELF



SDKRDBSB
SMALL DUMBBELL SHELF



SDKRSD6B
6 SADDLE DUMBBELL SHELF



SDKRDBLB
LARGE DUMBBELL SHELF



SDKRSD8B
8 SADDLE DUMBBELL SHELF



**SDKRDB
DUMBBELL RACK**

SDKR500DB	32"L x 70"W x 28"H	Two tier rack
SDKR1000DB	32"L x 70"W x 43"H	Three tier rack



**SDKRSD
SADDLE DUMBBELL RACK**

SDKR500SD	32"L x 70"W x 28"H	Two tier rack
SDKR1000SD	32"L x 70"W x 43"H	Three tier rack



**SDKRMB
MEDICINE BALL RACK**

SDKR500MB	32"L x 70"W x 28"H	Two tier rack
SDKR1000MB	32"L x 70"W x 43"H	Three tier rack



**SDKRKB
KETTLEBELL RACK**

SDKR500KB	32"L x 70"W x 28"H	Two tier rack
SDKR1000KB	32"L x 70"W x 43"H	Three tier rack



SRD200 **DUMBBELL RACK**

- Fits 5-75 lb. Body-Solid SDR Rubber and SDX Iron Hex dumbbells
- Fits 5-65 lb. Body-Solid SDP Premium Rubber Round Dumbbells
- 42"L x 71"W x 34"H, 177 lbs.



SRD300 **DUMBBELL RACK**

- Holds 10 pairs of dumbbells (5-50 lbs.)
- Protective cradle covers prevent
- Constructed from heavy-gauge steel
- 28"L x 42"W x 59"H, 101 lbs.



SRK200 **KETTLEBELL RACK**

- All welded foot and end caps
- Heavy-duty construction, stability & durability
- Provides three tiers of 62" x 13" tray surface space for efficient equipment management
- 24"L x 71"W x 34"H, 161 lbs.



GDR60B DUMBBELL RACK & STORAGE SYSTEM

- Designed to hold one (1) pair each of 5-50 lb. hex dumbbells
- Features optional third-tier design so you can add another dumbbell, kettlebell, or medicine ball shelf
- Expand and chain together with optional GDR60UPB Upright
- Offset tiers for easy access
- 23"L x 63"W x 32"H, 79 lbs.

Customize the GDR60B for a perfect fit



GDR60B
Dumbbell Rack

GDRT6B
Dumbbell Shelf

GDR60PB
Single Upright

GKRT6B
Kettlebell Shelf

GMRT6B
Medicine Ball Shelf



GMRT6B OPTIONAL MEDICINE BALL SHELF

- 56"L x 9"W

GKRT6B OPTIONAL KETTLEBELL SHELF

- 56"L x 12"W

GDRT6B OPTIONAL DUMBBELL SHELF

- 56"L x 12"W



GDR60UPB SINGLE UPRIGHT

- Expand and chain together multiple racks
- Mix-n-match dumbbell, kettlebell, and medicine ball shelves
- Customized storage solutions
- 22"L x 2"W x 34"H



GKR60 KETTLEBELL RACK

- Flat shelf with lip for secure and easy access to kettlebells
- Compatible with Body-Solid's full line of kettlebells
- Two 56" x 11.25" kettlebell trays
- Offset tiers for easy access
- 23"L x 62"W x 32"H, 93 lbs.

Customize the GKR60 for a perfect fit



GKRT6B
Kettlebell Shelf



GMRT6B OPTIONAL MEDICINE BALL SHELF

- 56"L x 9"W

GKRT6B OPTIONAL KETTLEBELL SHELF

- 56"L x 12"W

GDRT6B OPTIONAL DUMBBELL SHELF

- 56"L x 12"W



GDR60UPB SINGLE UPRIGHT

- Expand and chain together multiple racks
- Mix-n-match dumbbell, kettlebell, and medicine ball shelves
- Customized storage solutions
- 22"L x 2"W x 34"H

**GDR363B****40" 3-TIER DUMBBELL RACK**

- Designed to hold one pair of 5-50 lb. hex dumbbells
- 20"L x 40"W x 30"H, 44 lbs.

**GDR48B****48" 3-TIER DUMBBELL RACK**

- Designed to hold one pair of 5-55 lb. hex dumbbells
- Offset tiers for easy access
- 23" L x 48" W x 30" H, 62 lbs.



GDKR100B

45" KETTLEBELL / DUMBBELL RACK

- Reversible tiers for kettlebells or dumbbells
- 23"L x 45"W x 33"H, 79 lbs.



GDR34B

34" 3-TIER DUMBBELL RACK

- Storage for 12 pairs of vinyl or neoprene dumbbells (1-15 lbs.)
- Solid steel construction
- 14"L x 34"W x 24"H, 51 lbs.



GDR44B

VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-30 lb. hex dumbbells
- 23"L x 25"W x 45"H, 44 lbs.



GDR80

VERTICAL DUMBBELL RACK

- Designed to hold one pair of 5-50 lb. hex dumbbells
- Top tray can be used for medicine ball storage
- 24"L x 22"W x 41"H, 58 lbs.



GDR24B **DUMBBELL RACK**

- Designed to hold 12 pairs of vinyl or neoprene dumbbells, 1 lbs. to 15 lbs.
- 31"L x 25"W x 52"H, 34 lbs.



GDR500 **DUMBBELL RACK**

- Designed to hold vinyl or neoprene dumbbells, 1 lbs. to 15 lbs.
- Features locking caster wheels
- 27"L x 44"W x 46"H, 85 lbs.



GDR10B **DUMBBELL RACK**

- Designed to hold 3 pairs of vinyl or neoprene dumbbells, 1 lbs. to 15 lbs.
- 15"L x 9"W x 18"H, 5 lbs.



GDKR50B **KETTLEBELL RACK**

- Designed to hold 6 kettlebells
- 19"L x 16"W x 21"H, 19 lbs.



OWT24 **OLYMPIC WEIGHT TREE**

- 27"L x 16"W x 24"H, 24 lbs.



WT46 **OLYMPIC PLATE TREE & BAR HOLDER**

- Two Olympic bar holders included
- Chrome weight posts
- 22"L x 20"W x 40"H, 34 lbs.



GWT56 **OLYMPIC WEIGHT TREE**

- Six 9" weight posts, perfect for bumper plates
- Two Olympic bar holders
- 30"L x 30"W x 53"H, 51 lbs.



GWT66 **OLYMPIC WEIGHT TREE**

- Eight 9" weight posts, perfect for bumper plates
- 26"L x 43"W x 33"H, 59 lbs.



- *Customize with 8 or 10 posts*



GWT76 **HIGH CAPACITY OLYMPIC BUMPER PLATE RACK**

- Customize with either 8 or 10 weight horn pattern
- Each weight horn features 8-¼" capacity
- 41"L x 36"W x 66"H, 108 lbs.



GWT86 **VERTICAL OLYMPIC WEIGHT TREE**

- Keep workout spaces clean & organized
- Designed for use with Olympic bumper plates
- Four caster wheels for easy movement
- 24"L x 24"W x 45"H, 17 lbs.

* Accessories not included



GBPR10 **BUMPER PLATE RACK**

- 4" gaps in each of the 8 plate slots
- 43"L x 13"W x 9"H, 22 lbs.



SWT14 **STANDARD WEIGHT TREE**

- 27"L x 16"W x 24"H, 17 lbs.



GSWTB **STANDARD PLATE TREE & BAR HOLDER**

- Two standard bar holders included
- 20"L x 23"W x 40"H, 24 lbs.



SBS60 **VERTICAL BAR RACK**

- Easy-access storage for 6 Olympic-size bars
- Storage for straight bar, curl bars & more



SBS100 **HORIZONTAL BAR RACK**

- Convenient and portable barbell storage
- Holds 10 barbells
- 24"L x 45"W x 72"H, 85 lbs.



SBBR100 **FIXED WEIGHT BARBELL RACK**

- Easy access storage for up to 10 Fixed Weight Barbells
- Composite lining protects bar finish
- 40"L x 37"W x 62"H, 139 lbs.



GYR500 **FOAM ROLLER & YOGA MAT RACK**

- Holds 12 foam rollers or yoga mats
- Features locking caster wheels
- 32"L x 21"W x 37"H, 38 lbs.



GOBH5 **OLYMPIC BAR HOLDER**

- Holds 5 Olympic bars
- 12"L x 12"W x 9"H, 22 lbs.



VDRA30 **ACCESSORY STAND**

- For use with accessory bars, ropes, straps, dumbbells and more
- 14"L x 14"W x 36"H, 70 lbs.



SAR100 **Accessory Rack**

- Six composite-lined j-cup hooks for storing long bars
- 12 accessory hooks
- Two large storage trays
- 28"L x 26"W x 46"H, 91 lbs.

**GHMR10****Mobile Hanging Mat Rack**

- Holds up to 20 Hanging Yoga Mats
- Roller wheels for easy transportation
- 32"L x 29"W x 75"H, 34 lbs.

**GMR20****MEDICINE BALL, WALL BALL RACK**

- Holds up to ten medicine, or wall balls
- 26"L x 26"W x 56"H, 46 lbs.

**GMR10B****MEDICINE BALL RACK**

- Holds up to six medicine balls
- 20"L x 21"W x 63"H, 29 lbs.

**GMR5B****MEDICINE BALL RACK**

- Holds up to four medicine balls
- 22"L x 22"W x 33"H, 14 lbs.



GSR10B **STABILITY BALL RACK**

- Easy access storage for stability balls
- 36"L x 36"W x 73"H, 31 lbs.

* Accessories not included



SSBR100 & SSBR200 **PVC STABILITY BALL RACKS**

- Storage of eight or 12, 45cm to 75cm stability balls
- SSBR100: 17"L x 55"W x 89"H, 34 lbs.
- SSBR200: 17"L x 108"W x 89"H, 63 lbs.

* Accessories not included



GAR75 **CORNER ACCESSORY RACK**

- Quality steel that can handle 200 lbs. of weight per shelf, with four sturdy side hooks
- Unique corner design saves space and keeps gym floors open.
- 21"L x 21"W x 42"H, 65 lbs.

* Accessories not included



GAR50 **COMPACT ACCESSORY RACK**

- Built for storage of balls, bands, tubes & accessories
- All-welded foot caps
- 25"L x 24"W x 60"H, 41 lbs.

* Accessories not included



GAR100 **ACCESSORY RACK**

- Storage for medicine balls, stability balls, workout mats and more
- Transport wheels for convenient mobility
- 32"L x 36"W x 74"H, 71 lbs.

* Accessories not included



GAR250 **ACCESSORY TOWER**

- Multi-use storage tower for dumbbells, kettlebells, medicine balls, stability balls and mats
- Transport wheels for convenient mobility
- 32"L x 79"W x 87"H, 156 lbs.

* Accessories not included

OPTIONS:

GARTRAY Kettlebell Tray for GAR250

GARMB Med Ball tray for GAR250

GARKB Dumbbell tray for GAR250

ENDURANCE CARDIO

Designed with small clubs, rehab facilities, hospitality and police/fire departments in-mind, Endurance by Body-Solid treadmills, bikes, ellipticals and rowers perform to the highest standards.



CL300 CLIMBER

- Low-impact, heart-racing cardio & total body workouts
- Adjustable touchscreen display
- Padded side handrails
- Fully-adjustable resistance
- 46"L x 44"W x 88"H, 151 lbs.



R300 ROWER

- User-controlled air resistance
- Self-generating machine eliminates power requirements
- Nickel plated chain
- Display features Track Time, Stroke, Heart Rate (with wireless Heart Rate Strap), Calories, Paddle Width, Stroke Rate, Distance, Cycle & Watts.
- 95"L x 24"W x 40"H, 82 lbs.



T50 **REHAB WALKING TREADMILL**

- Designed for rehabilitation and therapy
- Full length thick handrails
- Drive Motor: High torque 1.5 HP motor
- Belt Size: 53"L x 18.9"W walking belt
- Speed Range: 0.1-5 mph
- Oversized easy-to-read display
- 77"L x 30"W x 54"H, 162 lbs.



T150 **COMMERCIAL TREADMILL**

- Power Source: 110v Dedicated Commercial NEMA 5-20P
- Drive Motor: 4 HP
- Incline Motor: 115 V | 0.8 A | 1/6 HP
- Belt Size: 60"L x 22"W
- Speed Range: 0.5-12.5 mph
- Incline Range: 0% to 15%
- 82"L x 35"W x 59"H, 285 lbs.



E5000 **ELLIPTICAL**

- Natural 21" stride
- Self generated machine eliminates power requirements
- Wireless HRC with chest strap
- 68"L x 31"W x 69"H, 249 lbs.



B4RB **RECUMBENT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Transport wheels for easy mobility
- 120v Plug-in Model
- 64"L x 26"W x 49"H, 119 lbs.



B4UB **UPRIGHT BIKE**

- 11 built-in workout programs
- 24 resistance levels
- Transport wheels for easy mobility
- 120v Plug-in Model
- 47"L x 22"W x 55"H, 96 lbs.



ESB250 **INDOOR EXERCISE BIKE**

- 44-pound flywheel
- Dual sided pedals feature toe-clips and pro-style clip-less mounts
- Seat and handlebars adjust both vertically and horizontally
- Transport wheels provide easy mobility
- Quiet belt drive
- 47"L x 20"W x 46"H, 139 lbs.



FB300B **FAN BIKE**

- 27" largest in class steel-resistance fan
- Best in class sealed bearings
- Seat post adjusts horizontally and vertically for ideal seat positioning
- LCD display features quick program buttons, heart rate, speed, RPM, time, watts and calories
- 49"L x 24"W x 50"H, 97 lbs.

AAB2	GUT BUSTER AB SLINGS	73	BSTSR1	CABLE SPEED ROPE	73
ACH18	AB CRUNCH HARNESS	72	BSTSR10	PREMIUM SPEED ROPE	73
B4RB	RECUMBENT BIKE	108	BSTTT	TIRE TREAD SLAM BALLS	62
B4UB	UPRIGHT BIKE	108	BSTVD	VINYL DUMBBELLS	77
BB23	BICEPS BOMBER	73	BSTWPBOX	WOODEN PLYO BOX	65
BSTAB1	AB WHEEL	73	BSTWVP	WEIGHTED VESTS	66
BSTART	ANKLE RESISTANCE TUBES	64	BSTYB10	YOGA BLOCK	67
BSTAW	ANKLE WEIGHTS	66	BSTYM10	GREEN YOGA MAT	67
BSTB	LIFTING BANDS	64	BSTYM3	BLUE YOGA MAT	67
BSTBM	MINI RESISTANCE BANDS	64	BSTYM5	RED YOGA MAT	67
BSTBPAD	PREMIUM BAR PAD	87	CL300	CLIMBER	106
BSTBR	TRAINING ROPES	74	DABB-SF	AB & BACK	9
BSTCB	CANNONBALL GRIPS	73	DBTC-SF	BICEPS & TRICEPS	9
BSTCH44	LIFTING CHAINS	87	DCLP-SF	LEG & CALF PRESS	9
BSTCP	CRASH PADS	69	DIOT-SF	INNER & OUTER THIGH	10
BSTDB	DOG BONE GRIP	73	DLAT-SF	LAT PULLDOWN & MID ROW	10
BSTDMB	DUAL GRIP MEDICINE BALLS	63	DLEC-SF	LEG EXTENSION & LEG CURL	10
BSTDYN	DYNAMAX MEDICINE BALLS	63	DPCC-SF	CABLE COLUMN	10
BSTFB	FITNESS BARS	69	DPEC-SF	PEC & REAR DELT	11
BSTFM20	HANGING EXERCISE MAT	68	DPLS-SF	VERTICAL PRESS & LAT	11
BSTFMH	FOAM MAT HANGER	68	DPRS-SF	MULTI-PRESS	11
BSTFR36F	FULL FOAM ROLLER	67	DR378	DIP STATION	31
BSTFR36H	HALF FOAM ROLLER	67	E5000	ELLIPTICAL	107
BSTFRP18F	SHORT PREMIUM FOAM ROLLER	67	ESB250	INDOOR EXERCISE BIKE	108
BSTFRP36F	FULL PREMIUM FOAM ROLLER	67	EXM3000LPS	TWO STACK GYM	60
BSTFWH	FARMERS WALK BAR	84	F500B	FUSION 500 SINGLE STACK GYM	59
BSTGT	GRIP TRAINER	73	F600B	FUSION 600 SINGLE STACK GYM	59
BSTHB	SLAM BALLS	62	FB300B	FAN BIKE	108
BSTJR1	JUMP ROPE	73	FCDB	WEIGHT ASSISTED CHIN/DIP	49
BSTLJ1	LOCK JAW 1" STANDARD COLLARS	89	FCD-STK	VERTICAL KNEE RAISE & DIP & CHIN-UP	36
BSTMB	PREMIUM MEDICINE BALLS	63	FCDWA	WEIGHT ASSISTED CHIN/DIP	61
BSTND	NEOPRENE DUMBBELLS	77	FID46	FLAT/INCLINE/DECLINE BENCH	44,54
BSTNG	NUN-CHUCK GRIPS	73	FLP	LEG PRESS	61
BSTOBJ	OLYMPIC BAR JACK	87	FMH	MULTI-HIP STATION	61
BSTOBS	OLYMPIC BAR STANDS	87	G5B	SINGLE STACK GYM	58
BSTOLP	PLATE LOAD PIN	87	G6B	BI-ANGULAR SINGLE STACK GYM	58
BSTOPW	PLATE WEDGE	87	G9B	TWO STACK GYM	57
BSTPB	STACKABLE PLYO BOXES	65	GAB100B	HORIZONTAL AB CRUNCH MACHINE	47
BSTRINGS	RINGS	73	GAB300B	SEMI-RECUMBENT AB BENCH	47
BSTRT	RESISTANCE TUBES	64	GAB60B	PRO-STYLE AB BOARD	47
BSTRTDA	RESISTANCE TUBES DOOR ATTACHMENT	64	GAP	ALUMINUM PULLEY	61
BSTSB	STABILITY BALLS	62	GAR50	COMPACT ACCESSORY RACK	105
BSTSH	SLED HARNESS	66	GAR75	CORNER ACCESSORY RACK	104
BSTSPBOX	SOFT PLYO BOX	65	GAR100	ACCESSORY RACK	105

GAR250	ACCESSORY TOWER	105	GIOT-STK	INNER & OUTER THIGH	36
GARTRAY	KETTLEBELL TRAY FOR GAR250	105	GKR9B	VERTICAL KNEE RAISE	57,61
GARMB	MEDICINE BALL TRAY FOR GAR250	105	GKR60	KETTLEBELL RACK	94
GARDB	DUMBBELL TRAY FOR GAR250	105	GKRT6B	OPTIONAL KETTLEBELL SHELF	93,94
GBPR10	BUMPER PLATE RACK	100	GLA348BS	LAT ATTACHMENT FOR THE GS348B	43
GBR10	BALL REBOUNDER	41	GLA400	LAT ATTACHMENT FOR THE GPR400	37,39,42
GCAB-STK	AB & BACK	35	GLCE365B	LEG EXTENSION & LEG CURL	51
GCAB360B	CAM SERIES AB & BACK	47	GLDA1	LEG DEVELOPER ATTACHMENT	45
GCBT-STK	BICEPS & TRICEPS	35	GLGS100B	CORNER LEVERAGE GYM	53
GCBT380B	CAM SERIES BICEPS & TRICEPS	50	GLGS100BP4	CORNER LEVERAGE PACKAGE	53
GCEC-STK	LEG EXTENSION & LEG CURL	35	GLM85B	LAT MACHINE	52
GCEC340B	CAM SERIES LEG EXTENSION & LEG CURL	51	GLP	LEG & CALF PRESS	61
GCLP100	COMPACT LEG PRESS	48	GLP-STK	LEG & CALF PRESS	36
GDCC250	DELUXE CABLE CROSSOVER	56	GLPH1100B	LEG PRESS & HACK SQUAT	48
GDCCBAR	DUAL PRESS BAR	56	GMFP-STK	MULTI-PRESS	36
GDIB46LB	POWERCENTER COMBO BENCH	46	GMR10B	MEDICINE BALL RACK	103
GDIP59B	DIP STATION	49	GMR5B	MEDICINE BALL RACK	103
GDKR100B	45" KETTLEBELL / DUMBBELL RACK	96	GMR20	MEDICINE BALL, WALL BALL RACK	103
GDKR50B	KETTLEBELL RACK	97	GMRT6B	OPTIONAL MEDICINE BALL SHELF	93, 94
GDR10B	DUMBBELL RACK	97	GOBH5	OLYMPIC BAR HOLDER	102
GDR24B	DUMBBELL RACK	97	GPA3B	PEC ATTACHMENT FOR GS348QB	43
GDR34B	34" DUMBBELL RACK	96	GPCA1	PREACHER CURL ATTACHMENT	43-45
GDR363B	40" 3-TIER DUMBBELL RACK	95	GPCB329B	PREACHER CURL BENCH	50
GDR44B	VERTICAL DUMBBELL RACK	96	GPM65B	PEC DECK	50
GDR48B	48" 3-TIER DUMBBELL RACK	95	GPR370B	MULTI-PRESS RACK	42
GDR500	DUMBBELL RACK	97	GPR400	PRO POWER RACK	38-42
GDR60B	DUMBBELL RACK & STORAGE SYSTEM	93	GPRFT	FT ATTACHMENT FOR GPR400	37,39,41
GDR60UPB	SINGLE UPRIGHT	93,94	GPRFTS	FT ATTACHMENT FOR GPR400	37,39,41
GDR80	VERTICAL DUMBBELL RACK	96	GPRDH	DIP HANDLES	25,30,37,39
GDRT6B	OPTIONAL DUMBBELL SHELF	93,94	GPRSF	PREMIUM SAFETIES	39
GFB350B	FLAT BENCH	44	GPRSS	POWER RACK SAFETY STRAPS	40
GFI21	FLAT/INCLINE BENCH	33	GPRTBR	T-BAR ROW	25,30,37,39
GFID100	FLAT/INCLINE/DECLINE BENCH	44,53	GPRUL	U-LINK	37,39
GFID225B	FOLDING MULTI-BENCH	45	GPRWH	WEIGHT HORN	37,39
GFID31B	FLAT/INCLINE/DECLINE BENCH	45	GPU348	PULL-UP BAR	43
GFID71B	FLAT/INCLINE/DECLINE BENCH	45	GRCH322B	ROMAN CHAIR	46
GFR500	FITNESS BAR RACK	69	GS348B	SERIES 7 SMITH MACHINE	43
GFT100	FUNCTIONAL TRAINER	55	GSCL360B	LEVERAGE SQUAT & CALF	48
GHYP345	45° BACK HYPEREXTENSION	46	GSCR349B	SEATED CALF RAISE	51
GHMR10	MOBILE HANGING MAT RACK	68	GSR10B	STABILITY BALL RACK	104
GIB2R	INVERSION BOOTS	73	GSRM40B	SEATED ROW MACHINE	50
GINV50	INVERSION TABLE	52	GSS50B	SISSY SQUAT	52
GIOT	INNER & OUTER THIGH	61	GST20B	UTILITY BENCH	46

GSWTB	STANDARD PLATE TREE & BAR HOLDER	100	MB501	STIRRUP HANDLE	70
GVLP	VERTICAL LEG PRESS	48	MB501A	ALUMINUM REVOLVING STIRRUP HANDLE	70
GVKR60B	VERTICAL KNEE RAISE & DIP	49	MB501FG	FAT GRIP STIRRUP HANDLE	70
GVKR82B	VERT KNEE RAISE, DIP, PUSH-UP, CHIN-UP	49	MB501RG	PRO-GRIP STIRRUP HANDLE	70
GWS100	WEIGHT SLED	52	MB502	SEATED ROW/CHIN BAR	71
GWT56	OLYMPIC WEIGHT TREE	99	MB502A	ALUMINUM CHIN HANDLE	71
GWT66	OLYMPIC WEIGHT TREE	99	MB502RG	PRO-GRIP SEATED ROW/CHIN BAR	71
GWT76	HIGH CAPACITY OLY BUMPER PLATE RACK	99	MB502FG	FAT GRIP SEATED ROW/ CHIN BAR	71
GWT86	VERTICAL OLYMPIC WEIGHT TREE	99	MB503RG	PRO-GRIP MULTI BAR	71
GYR500	FOAM ROLLER & YOGA MAT RACK	102	MB504	TRICEPS PRESS-DOWN BAR	70
HP10	PREMIUM WEIGHT PLATES	56,61	MB504A	ALUMINUM TRICEP BAR	70
KBR	CAST IRON KETTLEBELLS	79	MB504FG	TRICEP HANDLE FAT GRIP	70
KBV	VINYL DIPPED KETTLEBELLS	79	MB504RG	PRO-GRIP TRICEPS PRESS-DOWN BAR	70
LBB28	LAT BLASTER BAR	86	MB507RG	PRO-GRIP V-BAR	71
LMCG	LANDMINE CLUB GRIP	86	MR136	MANTA RAY	87
LMMG	LANDMINE MULTI-GRIP	86	NAS3	NYLON ANKLE STRAP	72
LMPP	LANDMINE PLATE PIVOT	86	NB51	NYLON WRIST STRAP	72
LMSE	LANDMINE SINGLE EYELET	86	NB52	LIFTING STRAPS	72
LP40S	LEG & CALF PRESS	50	NB55	NYLON DIPPING STRAP	72
LSA50	LEVERAGE SQUAT ATTACHMENT	54	NB56	NYLON DIPPING BELT	72
LVBP	LEVERAGE BENCH PRESS	18	NB59	ADJUSTABLE NYLON HANDLE	72
LVIP	LEVERAGE INCLINE PRESS	19	NB59A	ALUMINUM NYLON HANDLE	72
LVLA	LEVERAGE LAT PULLDOWN	17	NTS10	TRICEP STRAP	72
LVLC	LEVERAGE LEG CURL	17	OA8	8" OLYMPIC ADAPTER	89
LVLE	LEVERAGE LEG EXTENSION	17	OAS14	14" OLYMPIC ADAPTER	89
LVSP	LEVERAGE SHOULDER PRESS	18	OB20	OLYMPIC DUMBBELL HANDLES	82
LVSR	LEVERAGE SEATED ROW	18	OB34C	OLYMPIC TRICEPS BAR	82
MA105	BAR PAD	87	OB47B	OLYMPIC CURL BAR (BLACK)	82
MA307N	NYLON HEAD HARNESS	72	OB47C	OLYMPIC CURL BAR (CHROME)	82
MB022	REVOLVING STRAIGHT BAR	70	OB48	OLYMPIC COMBO BAR (CHROME)	82
MB022A	ALUMINUM STRAIGHT BAR	70	OB48F	OLYMPIC FAT CURL BAR (BLACK)	83
MB022FG	FAT GRIP STRAIGHT BAR	70	OB60B	5' OLYMPIC BAR (BLACK)	80
MB022RG	PRO-GRIP REVOLVING STRAIGHT BAR	70	OB72A15	6' OLYMPIC BAR (ALUMINUM)	80
MB100A	ALUMINUM DUAL-END REVOLVING BAR	56,71	OB72B	6' OLYMPIC BAR (BLACK)	80
MB148	LAT BAR	71	OB79EXT	EXTREME WOMEN'S OLYMPIC BAR	80
MB148A	ALUMINUM LAT BAR	71	OB86	7' OLYMPIC BAR (CHROME)	81
MB148FG	LAT PULLDOWN BAR FAT GRIP	71	OB86B	7' OLYMPIC BAR (BLACK)	81
MB148RG	PRO-GRIP ALUMINUM LAT BAR	71	OB86EXT	EXTREME MEN'S OLYMPIC BAR	81
MB229	REVOLVING CURL BAR	70	OB86LPB	7' OLYMPIC POWER BAR (ZINC)	81
MB229A	ALUMINUM REVOLVING CURL BAR	70	OB86P1000	7' OLYMPIC POWER BAR (CHROME)	81
MB229FG	REVOLVING CURL BAR FAT GRIP	70	OBPH	PREMIUM BUMPER PLATES	76
MB229RG	PRO-GRIP REVOLVING CURL BAR	70	OBPX	CHICAGO EXTREME BUMPER PLATES	76
MB438RG	PRO-GRIP MULTI-GRIP BAR	71	OBPXC	CHICAGO EXTREME COLOR BUMPER PLATES	76

OBSS50B	SAFETY SQUAT BAR	84	S2LECX	LEG EXTENSION & LEG CURL	5
OMG47	OLYMPIC MUTLI-GRIP CURL BAR (BLK)	83	S2LPCX	LEG & CALF PRESS	6
OMG86	OLYMPIC MUTLI-GRIP BAR (BLK)	83	S2MPX	MULTI-PRESS	7
OPB	CAST IRON OLYMPIC PLATES	75	S2PECX	PEC FLY & REAR DELT	8
OPT	CAST IRON GRIP OLYMPIC PLATES	75	SAR100	ACCESSORY RACK	102
ORC	COLOR RUBBER GRIP OLYMPIC PLATES	76	SAB500B	AB BENCH	33
ORT	RUBBER GRIP OLYMPIC PLATES	75	SBB	FIXED WEIGHT BARBELLS	78
OTB50	OLYMPIC TRAP BAR	84	SBBR100	FIXED WEIGHT BARBELL RACK	78,101
OBT50RH	OLYMPIC TRAP BAR RAISED HANDLE	84	SBL460	LEVERAGE GYM	54
OTB100	OLYMPIC OPEN TRAP BAR	84	SBL460P4	LEVERAGE GYM PACKAGE	54
OWT24	OLYMPIC WEIGHT TREE	98	SBS60	VERTICAL BAR RACK	101
PG2	PRO POWER GRIPS	73	SBS100	HORIZONTAL BAR RACK	101
PUB2	PUSH-UP BARS	73	SBZ	FIXED WEIGHT BARBELLS	78
PUB30	PULL-UP/PUSH-UP BAR	68	SCB1000B	COUNTER BALANCED SMITH MACHINE	20
PUB34	CHIN-UP BAR	68	SCB26	CALF BLOCK	87
PUB5	PUSH-UP BARS	73	SCC1200B	CABLE CROSSOVER	12
R300	ROWER	106	SDA14	STANDARD DUMBBELL HANDLES	88
RB47	STANDARD CURL BAR (CHROME)	88	SDA14T	STANDARD THREADED DUMBBELL HANDLES	88
RB48	STANDARD COMBO BAR (CHROME)	88	SDA19T	STANDARD THREADED DUMBBELL HANDLES	88
RB72	6' STANDARD BAR (CHROME)	88	SDC2000G	DUAL CABLE COLUMN	12
RB84	7' STANDARD BAR (CHROME)	88	SDIB370	BENCH-RACK COMBO	20
RC02	STANDARD 1 LB COLLARS	89	SDKR	EXPANDABLE STORAGE SYSTEM	90
RC03	STANDARD 44928 LB COLLARS	89	SDKR1000DB	THREE TIER DUMBBELL RACK	91
RC0616	STANDARD SPRING COLLARS	89	SDKR1000KB	THREE TIER KETTLEBELL RACK	91
RF34B	CARDIO MAT	74	SDKR1000MB	THREE TIER MEDICINE BALL RACK	91
RF36T	CARDIO MAT	74	SDKR1000SD	THREE TIER SADDLE DUMBBELL RACK	91
RF38R	CARDIO MAT	74	SDKR500DB	TWO TIER DUMBBELL RACK	91
RF546	RUBBER FLOORING	74	SDKR500KB	TWO TIER KETTLEBELL RACK	91
RFBST4PB	INTERLOCKING RUBBER FLOORING	74	SDKR500MB	TWO TIER MEDICINE BALL RACK	91
RFBST4PS	INTERLOCKING RUBBER FLOORING	74	SDKR500SD	TWO TIER SADDLE DUMBBELL RACK	91
RFM1/2BLK3	4' X 3' RUBBER MAT, 1/2"	74	SDKRDBLB	LARGE DUMBBELL SHELF	90
RFM3/4BLK3	4' X 3' RUBBER MAT, 3/4"	74	SDKRDBSB	DUMBBELL SHELF	90
RPB	CAST IRON STANDARD PLATES	76	SDKRKBB	KETTLEBELLS SHELF	90
S1000	PRO CLUBLINE FOUR-STACK GYM	14	SDKRMBB	MEDICINE BALL SHELF	90
S2ABBX	AB & BACK	7	SDKRSD6B	6 SADDLE DUMBBELL SHELF	90
S2ACX	ARM CURL	8	SDKRSD8B	REAR EXTENSION	90
S2ACDX	ASSISTED CHIN & DIP	6	SDKRUPB	3-TIER UPRIGHT	90
S2BTPX	BICEPS & TRICEPS	5	SDKRUP2B	2-TIER UPRIGHT	90
S2CCX	CABLE COLUMN	4	SDP	PREMIUM ROUND RUBBER DUMBBELLS	77
S2CPX	CHEST PRESS	7	SDR	RUBBER HEX DUMBBELLS	77
S2FTX	FUNCTIONAL TRAINER	4	SDX	CAST IRON HEX DUMBBELLS	77
S2IOTX	INNER & OUTER THIGH	6	SFB125	FLAT BENCH	34
S2LATX	LAT PULLDOWN & SEATED ROW	5	SFI20	ADJUSTABLE BENCH	34

SFID325B	ADJUSTABLE BENCH	34	SPRJC	J-CUPS	26,31,34,40
SFID425	FLAT/INCLINE/DECLINE BENCH	34	SPRLFT	MONO LIFT	26,31,37,40
SGH500B	GLUTE & HAM MACHINE	33	SPRLHD	LEG HOLD DOWN	27,32,37,40
SGLP500	COMMERCIAL LEG PRESS	19	SPRMB	MONKEY BARS	26
SJG100	4 STACK GYM	15	SPRMGC	MULTI-GRIP PULL UP	26
SJG500	5 STACK GYM	16	SPRPS	PIN & PINE SAFETIES	32
SJG800	8 STACK GYM	16	SPRSA	SPOTTER ARMS	26,31
SLC400G	LEG CURL	13	SPRSF	PREMIUM SAFETIES	27
SLE200G	LEG EXTENSION	13	SPRSP	SPOTTER STAND	27,31,37,40
SLM300G	LAT MID ROW	12	SPRSS	STRAP SAFETIES	27
SLS500B	LEVERAGE SQUAT	21	SPRST	STORAGE TRAY	27,31
SODB250	DECLINE OLYMPIC BENCH	21	SPRSTEP	PLYO STEP	27,31
SOFB250	FLAT OLYMPIC BENCH	21	SPRTB	DUAL T-BAR ROW	27,32,37,40
SOIB250	INCLINE OLYMPIC BENCH	21	SPRUL	U-LINK	27,32
SOSB250	OLYMPIC SHOULDER PRESS BENCH	21	SPRWPH	WEIGHT PLATE HORNS	27,33
SP150	150LB. WEIGHT STACK	42	SSBR100	PVC STABILITY BALL RACK	104
SP200	200LB. WEIGHT STACK	31	SSBR200	PVC STABILITY BALL RACK	104
SP50	50LB. STACK UPGRADE	56,61	STBR500B	T-BAR ROW MACHINE	33
SPR1000	POWER RACK	22-27	STT45	WEIGHT PLATE CLOCK	73
SPR1000BACK	EXTENDED POWER RACK	22	SVKR1000B	VERTICAL KNEE RAISE & DIP	33
SPR1000DBBACK	DOUBLE EXTENDED POWER RACK	22	SWT14	STANDARD WEIGHT TREE	100
SPR250	SQUAT STAND	28	T150	COMMERCIAL TREADMILL	107
SPR500	HALF RACK	28-32	T50	REHAB WALKING TREADMILL	107
SPR500BACK	EXTENDED HALF RACK	28	TBR10	T-BAR ROW PLATFORM	86
SPR500DBL	DOUBLE HALF RACK	28	TBR20	DUAL PIVOT T-BAR ROW PLATFORM	86
SPRACB	CONNECTING BAR	25,30	TBR50	HOME PLATE LANDMINE	86
SPRBACK	REAR EXTENSION	26	TR20	TRICEP ROPE	72
SPRBCB	BENCH CLEARANCE BAR	30	TR30	NATURAL FIBER TRICEP ROPE	72
SPRBHV	BAR HOLDER	25,30	VDRA30	ACCESSORY STAND	102
SPRBP	BAND PEGS	25,30,37,39	VKR30	KNEE RAISE/DIP STATION	60
SPRBSA	BELT SQUAT	25,30	WSA	WEIGHT STACK ADAPTERS	56,61
SPRBSB	BELT SQUAT BELT	25,30	WT46	OLYMPIC PLATE TREE & BAR HOLDER	98
SPRBT	BALL TARGET	25,307			
SPRCB	FAT CHIN-UP BAR	25,30			
SPRCUA	MULTI-GRIP CHIN BAR	25,32,37,39			
SPRDCB	DUAL CHIN BAR	25,31			
SPRDIP	DIP STATION	26,31			
SPRHALFBACK	REAR EXTENSION	31			
SPRHBH	HEAVY BAG HOLDER	26,32			
SPRHLA	LAT ATTACHMENT	31			
SPRHT	HIP THRUSTER ATTACHMENT	26,31,37,40			
SPRJAM	JAMMER ARMS	26			

THE STRONGEST INDUSTRY WARRANTIES

Body-Solid products feature the strongest warranties in the industry, guaranteed. All Body-Solid commercial equipment is covered by our industry-leading lifetime commercial warranty. No other company protects its customers or products like we do.

Body-Solid
Built for Life



Body-Solid Commercial Warranty:

LIFETIME: Frame & Welds. 3 Years: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods. 1 Year: Cables, Upholstery, Grips (Normal Wear).



Body-Solid Full Commercial Warranty:

LIFETIME: Frame & Welds. 3 Years: Pulleys, Bushings, Bearings, Hardware, Plates, Guide Rods. 1 Year: Cables, Upholstery, Grips (Normal Wear).

ENDURANCE
by Body-Solid



ENDURANCE by Body-Solid Commercial:

15 Years: Frame. 3 Years: Parts. 2 Years: Electronics (Excludes Batteries). 6 Months: Wear Items. 1 Year : Labor.

Body-Solid®

Built for Life

1900 S. Des Plaines Ave. Forest Park, IL 60130 USA
Toll Free: 800.833.1227 Local: 708.427.3555 Fax: 708.427.3556



facebook.com/bodysolidinc



@bodysolidfit



@bodysolidfit



@bodysolidfit



Body-Solid®
Built for Life

Body-Solid®
ProClub Line



ENDURANCE
by Body-Solid

www.BodySolid.com

©2026 Body-Solid, Inc. All rights reserved. Body-Solid reserves the right to change design specifications when we feel it will improve the product. Body-Solid maintains several patented and patent pending features and designs. All rights reserved on all design patents and utility patents. 3-25.