

# Half Rack

DBR0611



The Discovery Strength Half Rack features the benefits of the Discovery Series Power Rack, but with a space efficient footprint. The Half Rack's enhanced functional capability allows for the use of bands, chains, torso trainers, battle ropes, suspension fitness training, and more, along with traditional Half Rack exercises.

Engineered for biomechanical precision and built to withstand high-volume use, Discovery Benches and Racks offer a robust solution for strength training environments. Each piece combines intelligent design with functional durability to empower exercisers of all levels to train with confidence.



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## Product Features

### STORAGE

The ten weight storage horns neatly accommodate bumper plates. The Olympic Bar and functional apparatus storage is conveniently positioned to enhance accessibility.

### DUAL CHIN-UP/PULL-UP HANDLES

Dual Chin-Up and Pull-Up Handles with step-up and weight assist band hooks allow for numerous chin-up and pull-up opportunities for a wide range of exercisers.

### SECURE & STURDY

The heavy-duty, fully welded dual-pin system on the bar catches and safety rails provide maximum durability, stability, and ease of adjustment. Both feature quick changeover, high-impact, polyurethane covers and inserts to protect all wear surfaces from metal-on-metal contact, preserving the paint finish of the Half Rack.

### STRAIGHT BAR

A smooth, straight Pull-Up/Chin-Up bar allows for kipping style pull-ups, chin-ups, and muscle-ups, as well as a convenient anchor point for suspension fitness training apparatuses.

### OPTIONAL BAND PEGS

Pegs allow for the use of loop style bands to add progressive resistance to barbell training movements.

### RUBBERIZED STEP-UPS

Convenient steps allow for easier access to the Chin-Up/Pull-Up stations and are dipped to enhance durability and provide a slip-resistant surface. The step is angled to create a convenient Olympic Bar storage point and catch for performing deadlift exercises. The round gusset beneath the step-up allows for the anchoring of battle ropes.

## Specifications

**Dimensions (L x W x H):** 71 x 61 x 98.5 in / 176 x 151 x 250 cm

**Product Weight:** 453 lb / 205 kg

**Max Lift Load Capacity:** 600 lb / 272 kg

**Max Storage Weight:** 1800 lb / 817 kg

**Recommended Plates:** 2 x 5 lb, 4 x 10 lb, 4 x 25 lb, 4 x 35 lb, 6 x 45 lb

**Optional Accessories:** Band Peg Kit, Torso Trainer, Combo Rack Connector Kit, Side-by-Side Connector Kit, Lifting Platform (4 in / 10 cm thick; Platform: 98 in W x 72 in D / 249 cm x 183 cm; Insert: 40 in W x 47 in D / 102 cm x 119 cm), Optional custom logo for lifting platform is available at an additional cost.

**Frame and Finish:** Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.



## Color Options\*

### Frame



Black Pearl



Gloss Metallic Silver



Gloss White\*\*



Flame Red\*\*

\*Custom frame colors are available, subject to minimum order quantities and extended lead times.

\*\*Additional lead time applies.