STAIRMASTER® 10G

The innovative new design of the StairMaster 10G features our exclusive OverDrive Training Mode that simulates carrying or pushing a load up stairs, for the most intense climbing workout. The 10G's advancements all focus on delivering the best climbing experience ever created. User-focused features include the widest and deepest stepping surface and lowest step-up height in the industry, ergonomic handrails to support multiple climbing positions and an all new drive train that delivers smooth, quiet performance.

OVERDRIVE TRAINING MODE

The new OverDrive Training Mode simulates carrying or pushing a load up stairs. Users choose either manual control or one of several pre-programmed interval workouts to create the toughest workout ever delivered on the cardio floor. The 10G handrails provide three hand positions for pushing, as well as farmer's carry handles.

PRODUCT DESIGN FEATURES

The widest and deepest step in the industry and lowest step up height. Redesigned handrail system supports a variety of workout positions including push/carry in new OverDrive Training Mode and optimal entry/exit. Service panel removes with 4 fasteners, allowing easy access to drive train and electronics.

StairMaster®

10-G

BASE FEATURES	
STEP SURFACE	12in (30 cm) Deep x 22in (56cm) Width
STEP HEIGHT	8in (20cm)
STEP RATE	25 Levels ranging from 24-190 steps per minute
STEP UP HEIGHT	9in (23cm)
RECOMMENDED CEILING HEIGHT	10’ (305cm)
HEART RATE MEASUREMENT SYSTEM	Telemetry and contact HR (Bluetooth with embedded display)
CONTROLS	Easily accessible Hot Bar® is located closer to the user with one-finger speed and elevation controls, integrated stop button and contact heart rate grips
DISPLAY	Choose from LCD, 10" or 15" OpenHub display options
ACCESSORIES	Multiple bottle and accessory holders, LCD and 10″ displays pre-wired for 8 Series PVS entertainment, 800/900MHz receivers, and tablet holder
MAX USER WEIGHT	400lb (181kg)
DRIVE SYSTEM	Generator
ELECTRICAL REQUIREMENTS	12V/5 Amp power supply
ADDITIONAL FEATURES	OverDrive Programs simulate sled push and farmer's carry while climbing stairs; Landmark Challenge
FRAME	
MATERIAL	Powder Coated Steel Frame
CUSTOMIZABLE	Paint color options approval required
STANDARD COLOR OPTIONS	60 Black
LENGTH	63in (160cm)
WIDTH	34in (86cm)
HEIGHT	83in (210cm)
PRODUCT WEIGHT	646lbs (293kg)
SHIPPING DIMENSIONS	50in x 33in x 83in (126cm x 85cm x 210cm)
SHIPPING WEIGHT	807lbs (366kg)

ADDITIONAL SKUS

9-5295-10G-LCD

9-5295-10G-15-PAL-DMB

9-5295-10G-15-ATSC

9-5295-10G-10

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CONSOLES

DISPLAY	15" StairMaster	LCD	10"
DISPLAY TYPE	Capacitive Touchscreen	Static LCD	Resistive Touchscreen
MULTI-LANGUAGE OPTIONS	English, German, Spanish, Dutch, Portuguese, French, Italian, Swedish, Russian, Finnish, Danish, Chinese, Japanese, Turkish, Polish, Russian, Hebrew, Czech, Slovak	English, German, Spanish, Dutch, Portuguese, French, Italian, Swedish, Katakana, Russian, Finnish	English, German, Spanish, Dutch, Portuguese, French, Swedish
PRE-PROGRAMMABLE WORK OUTS	Yes, 16+	Yes, 14+	Yes, 11+
QUICK START OPTIONS	Yes, single button start options	Yes, single button start options	Yes, single button start options
TV TUNER ENABLED	Yes (Global tuner options)	No	No
ETHERNET AND WIFI ENABLED	Yes	No	No
BLUETOOTH DATA TRACKING/APP CONNECTIVITY	Yes	Yes	Yes
BLUETOOTH HEADPHONES	Yes	No	No
BLUETOOTH HEART RATE	Yes	No	No
APPLE GYMKIT/SAMSUNG GALAXY WATCH CONNECTIVITY	Yes	Yes	No
RUNTV INTEGRATED WORKOUT VIDEOS	Yes	No	No
EGYM COMPATIBLE	Yes	No	No
INTEGRATED WEB-BASED APPS	Yes	No	No
CUSTOMIZABLE HOME SCREEN	Yes	No	No
HDMI STREAMING	Yes; cables not included	Yes, HDMI streaming available with PVS option; cables not included	Yes, HDMI streaming available with PVS option; cables not included
USB	USB port for software updates and device charging; cables not included	USB port for software updates and device charging; cables not included	USB port for software updates and device charging; cables not included
RFID	Optional	No	No
IPTV/SET TOP BOX COMPATIBLE	Yes, add-on accessories required	Yes, with PVS	Yes, with PVS
ANT+ FOR GROUP DISPLAY	Yes	Yes	Yes
PERSONAL FAN	Yes, programmable auto start	Yes, programmable auto start	Yes, programmable auto start
ASSET MANAGEMENT	Ecofit Optional	Ecofit Optional	Ecofit Optional
TABLET HOLDER	Integrated front	Integrated front, optional top add-on	Integrated front, optional top add-on
PVS	No	Optional	Optional
800/900 MHZ RECEIVER	No	Optional	Optional

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PVS FEATURES

PVS	10/8/4 Series
DISPLAY TYPE	15.6" HD LED
RESOLUTION	1366 x 768
TUNER OPTIONS	1) ATSC/NTSC/QAM 2) PAL/DVB-T/DVB-C
DIGITAL AND ANALOG SUPPORT	Yes
SIGNAL INPUTS	Coax, HDMI
INPUT RF SIGNAL RANGE	-70 dBm(Min) ~ - 10 dBm(Max)
CLOSE CAPTION	Yes
HEADPHONE JACK	3.5mm on Display

SKUS

700-0386-13: SILVER MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER TR MOUNT

700-0386-16: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/QS TR MOUNT

700-0386-20: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER TR MOUNT

700-0387-13: SILVER MYE PVS SCREEN, 2016, PAL TUNER w/SILVER TR MOUNT

700-0387-16: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/QS TR MOUNT

700-0387-20: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/SILVER TR MOUNT

700-0388-13: SILVER MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER TH MOUNT

700-0388-16: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/QS TH MOUNT

700-0388-20: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER TH MOUNT

700-0389-13: SILVER MYE PVS SCREEN, 2016, PAL TUNER w/SILVER TH MOUNT

700-0389-16: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/QS TH MOUNT

700-0389-20: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/SILVER TH MOUNT

700-0390-13: SILVER MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER BCG MOUNT

700-0390-16: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/QS BCG MOUNT

700-0390-20: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER BCG MOUNT

700-0391-13: SILVER MYE PVS SCREEN, 2016, PAL TUNER w/SILVER BCG MOUNT

700-0391-16: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/QS BCG MOUNT

700-0391-20: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/SILVER BCG MOUNT

700-0392-13: SILVER MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER FC MOUNT

700-0392-16: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/QS FC MOUNT

700-0392-20: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/SILVER FC MOUNT

700-0393-13: SILVER MYE PVS SCREEN, 2016, PAL TUNER w/SILVER FC MOUNT

700-0393-16: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/QS FC MOUNT

700-0393-20: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/SILVER FC MOUNT

700-0489-20 BLACK PVS, PAL TUNER w/ 4-TR MOUNT

700-0489-74 PVS, PAL TUNER w/ 4-TR MOUNT

700-0490-20 BLACK PVS, ATSC/NTSC TUNER w/ 4-TR MOUNT

700-0490-74 PVS, ATSC/NTSC TUNER w/ 4-TR MOUNT

700-0491-20 BLACK PVS, PAL TUNER w/ 4-CT/UB/RB MOUNT

700-0491-74 PVS, PAL TUNER w/ 4-CT/UB/RB MOUNT

700-0492-20 BLACK PVS, ATSC/NTSC TUNER w/ 4-CT/UB/RB MOUNT

700-0492-74 PVS, ATSC/NTSC TUNER w/ 4-CT/UB/RB MOUNT

700-0496-16: BLACK MYE PVS SCREEN, 2016, ATSC/NTSC TUNER w/QS 10TR MOUNT

700-0500-16: BLACK MYE PVS SCREEN, 2016, PAL TUNER w/QS 10TR MOUNT

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

CORE HEALTH & FITNESS

StairMaster® SCHWINN® NAUTILUS® STAR TRAC® THROWDOWN®

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