

# Flat Bench

VBR6101



Incorporate strength training into your fitness offerings while staying true to your brand and working within budget and space limitations, the Vitality Benches & Racks Line is an ideal collection of essential equipment for strength training. The Vitality Series offers a wide range of exercises designed specifically for lower-traffic facilities, with a sleek appearance and user-friendly design that allows exercisers to get started quickly and easily. High-quality materials and construction deliver a refined appearance for years to come.

The Vitality Flat Bench is designed to optimize exerciser support, while also allowing for free range of movement for a variety of weight bearing exercises.



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### Product Features

#### WEAR GUARDS

Replaceable wear guards on the rear stabilizer leg help protect the frame and provide a non-slip surface for spotters.

#### PAD DESIGN

The pad design enhances exerciser stability while allowing for an unencumbered range of motion.

#### OPTIMALLY POSITIONED BENCH HEIGHT

The ergonomic bench height design helps exercisers stabilize the lower back, increasing core support and providing greater comfort during lifts.

#### PAD BACKING PLATES

Injection molded pad backing plates help protect the edges from wear and tear.



### Specifications

**Dimensions (L x W x H):** 52 x 30 x 16 in / 131 x 75 x 41 cm

**Product Weight:** 46 lb / 21 kg



**Max User Weight:** 300 lb / 136 kg

**Max Lift Load Capacity:** 200 lb / 91 kg

**Frame and Finish:** Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

**Warranty:** Visit [www.precor.com](http://www.precor.com) for warranty terms.

### Color Options\*

Frame	Upholstery
	
Black Pearl	Black

\*Colors may vary.