

Flat-Incline-Decline Bench

VBR6117



Incorporate strength training into your fitness offerings while staying true to your brand and working within budget and space limitations, the Vitality Benches & Racks Line is an ideal collection of essential equipment for strength training. The Vitality Series offers a wide range of exercises designed specifically for lower-traffic facilities, with a sleek appearance and user-friendly design that allows exercisers to get started quickly and easily. High-quality materials and construction deliver a refined appearance for years to come.

With flat, incline and decline adjustments, quality materials and premium appearance, the Vitality™ Flat-Incline-Decline (FID) Bench delivers on the Precor promise of reliability, functionality, and a proven reputation. A well-placed handle and transport wheels will make it easy for exercisers and staff to reposition the bench from the free weight racks to a cable-based rig like the Precor FTS Glide.



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Product Features

WORKING THE ANGLES

Because the back pad of the FID Bench can be adjusted across a 90 degree range between decline and incline, and the seat pad can be inclined across a 20 degree range, exercisers can be comfortably positioned for shoulder press, incline press and many other lifting activities.

LONG-LASTING FUNCTIONALITY

We put our emphasis on ensuring that the features exercisers value the most deliver long-lasting functionality. The pop-pin adjustments and pivots move easily so the FID Bench can be re-positioned repeatedly and without strain.

THE PERFECT COMPANION

The Vitality Series FID Bench is the perfect companion for weight training with Vitality Series storage solutions for dumbbells or kettlebells. In addition, the bench can be paired with the Precor FTS Glide functional training system to increase training variety.

GOOD LOOKS FOR YEARS TO COME

We chose high-quality materials and implemented thoughtful design elements and careful construction to give the Vitality Benches & Racks Line a substantial yet elegant look. Our products keep their premium appearance, feel and functionality for years to come.



Specifications

Dimensions (L x W x H): 54 x 30 x 18 in / 137 x 76 x 46 cm

Product Weight: 82 lb / 37 kg

Max User Weight: 300 lb / 136 kg

Max Lift Load Capacity: 200 lb / 91 kg

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl

Upholstery



Black

*Colors may vary.

